

TRAVERSE BAY

# *Lifestyles*

SPOTLIGHT ON  
**NoBo Area of  
Traverse City**

**WINTER**  
*Gift Guide*

**Sledding  
& Ice Skating**

FOOD AND  
BEVERAGE  
*Guide*

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Winter 2024





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# From the Editor



*"Winter is Coming"*

As an avid reader, I devoured the *Game of Thrones* series of books and watched the screen adaption as well. When this quote became a tagline for one of the plot strands, I always found it to be so true of our region. When I was a child, I can recall winters with mountains of lake effect snow and temperatures so cold my siblings

and I couldn't play outside. In recent years, our winters have been milder – but the almanac predicts a different story this season. We will have to see how the next few months play out...

I've lived in Northern Michigan my entire life and certainly know that we are blessed with beauty throughout the year – even in the colder months. When I was a child, our family would often embark on snowmobile rides with friends that would take us hours from our home in Benzie County. My dad was always the leader, and his favorite trick was to reach up and grab a pine branch laden with snow so that it would fall just as the next rider in the group was underneath. I remember riding behind him, thankful for the wind block that his massive shoulders provided as we navigated the trails. My family home was located on many acres, and we often joked that there wasn't an inch of snow that didn't have a snowmobile track on it. As an adult, I'm not as adventurous in the winter as I once was, but those cherished memories from my childhood remind me to enjoy the beauty of all the seasons.

Our winter issue shares some snowmobiling tips, along with a list of trails around the region. If you prefer activities that don't involve zipping down a trail through the woods, we've also included information on where to find sledding hills or ice-skating rinks that allow you to play – free of charge! Our featured neighborhood finds us in the newly refurbished "NoBo" or North Boardman section of Traverse City and shares the history and recent revitalization of this vibrant section of town. As always, we've updated our comprehensive Food and Beverage section if you're looking to find the perfect spot for a cozy meal or after-hours drink.

I'd also like to draw your attention to a special event planned for February 14th. In addition to celebrating Valentine's Day, this day is also designated as "Love Somebody Day" as a way to honor and raise money for organ transplant recipients, donors, and their families. This February 14th, Traverse Bay Lifestyles and Pickle U want to invite all pickleball players to join us at Pickle U in Acme for a fundraiser that will benefit organ transplant patients and their families. This all-day event touches us closely, as one of our publishers, Annie, is a transplant recipient. We hope to see you there.

Winter is coming; whether it will be like the winters of my childhood or not, we will just have to wait and see. Either way, stay warm, stay safe, and enjoy the season.

Happy reading,

Lori Wille  
Editor-in-Chief

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**February 14**

**Love Somebody Day**

See details on page 29



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# CONTRIBUTORS



## ANGELA ANAGNOST-REPKE

Angela is a writer and mother dedicated to raising two empathetic children. They recently moved to Northern Michigan so the waves of Lake Michigan could calm their spirits. She is currently writing her nonfiction book, *Wild Things by Nature: How an Unscientific Parent Can Give Nature to Their Wild Things*.



## HEATHER BRADY

Heather serves the community as TADL's marketing and communications manager, a role she's filled since June 2020. She has a degree in journalism from Michigan State University and has worked in marketing for over 20 years.



## KARIN CHROSTEK

Karin is a resident of Leelanau County. She loves where she lives – enjoying sun and snow equally. Karin stays busy as a mom to her three kids, as a full time employee at Munson, and as a student in pursuit of a second degree. If she had one wish it would be for more time!



## CANDIE CONAT

Candie is a lifelong resident of the Traverse City area and owner of My Back Office Coach, LLC, a bookkeeping and business consulting company. She enjoys spending time outdoors, volunteering in animal rescue and freelance writing in her spare time.



## JULIE FORD

Julie is a Detroit-area native who received her bachelor's degree in communications from Oakland University. As a freelance writer and essayist, Julie's work has appeared internationally, in numerous Michigan publications and on public radio.



## MARTY MACLEOD

Marty is an enthusiastic local historian and has written two books: *All About Old Towne* and *Perry Hannah & His Neighbors*. She enjoys gardening, quilting, and shopping for all sorts of locally grown and made goods.



## STEVE NANCE

Steve is newly retired as an unintentional, intentional grocer, but continues to serve the community in various roles. He and his wife, Robin, can be found walking with their 150lb malamute, Odin, working on an 1880s house, biking or otherwise enjoying retirement.



## MEG PAXTON

As a photographer, Meg's job allows her to create every day. A concrete mixer, photo gear, lumber, dogs, and random roadside furniture to reclaim in her pick-up is what a usual five-project day looks like.



## AMANDA PEARSON

Amanda is a graduate of Eastern Michigan University and transplant to Northern Michigan from mid-Michigan. Amanda currently resides in Lake City with her husband Will, two sons, and their black lab, Bo.



## KRISTEN RABE

After 30 years in corporate communications for BNSF Railway, Kristen recently retired and moved from Fort Worth to Traverse City. With an M.A. in English from UVA, she enjoys writing and exploring the beauty of Michigan with her husband and golden retriever.



## PAUL STEBLETON

Paul is a native of Battle Creek and graduate of the University of Michigan, Ann Arbor. He is the owner of Landmark Books, a rare and used book shop at The Commons in Traverse City, and operates Squirrel Can Press.



## MICHAEL WILLS

Mike has served as the Treasurer of TACS since 1994 (except for a hiatus from 2017-2022) and has lived in Traverse City since 1971. He's owned several water-related businesses, including: Scuba North, Sail North, The Harbor Boat Shop and The Harbor of Traverse City.





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# SLEDDING & ICE SKATING

## IN NORTHERN MICHIGAN

BY CANDIE CONAT

When I was younger, some of the best winter fun we had was ice skating and sledding down the best local hills. We skated until we couldn't feel our toes anymore and stayed out sledding until we were forced to go home and eat dinner. That was a long time ago; apartment buildings cover the hill where we loved to sled, and the annual ice rink at my old elementary school is no more. But there are still lots of great places to go ice skating and sledding for FREE:



### Grand Traverse County

- **Traverse City:** Thirlby Field at 14th and Pine Street – A local ice rink favorite for many years!
- **Traverse City:** F&M Park at State Street between Railroad and Hope – Offers a skating rink in winter.
- **Kingsley:** Civic Center South – A regional park located in the Village of Kingsley offering a skating rink.

### Benzie County

- **Benzonia:** Academy Park – Adjacent to the Mills Community House, the park transforms into a skating rink in the winter. Skate rentals are available at the Benzon Library.

### Kalkaska County

- **Fife Lake:** Springfield Park & Recreation Area on Lund Road near Creighton Road – Carly's Hill has become a popular sledding area. Local groups came together to make this a safe sledding area for kids of all ages.
- **Kalkaska:** Twin Birch Restaurant and Golf Club – New in 2024, Twin Birch plans an ice-skating rink in addition to their other outdoor winter activities.
- **Rapid City:** Heritage Park – A popular sledding area with the locals.

### Antrim County

- **Elk Rapids:** Marina near The Dam Shop – Public ice rink located at the corner of Bridge and River Streets.
- **Bellaire:** Richardi Park located just north of downtown – In winter, the village builds ice rinks at the park.

### Leelanau County

- **Northport:** Braman Hill Recreation Area on East Melkild Road – The park has an ice rink and sledding hills with a warming house and bathrooms. There is a fire ring at the top of the hill.
- **Suttons Bay:** Ice Rink Park at the corner of Broadway and Lincoln Street – Volunteers flood the area and groom the ice for skating and pick-up hockey games.
- **Suttons Bay:** Bahle Hill located just off West Street – This hill offers a warming hut that can be rented and holds up to 40 guests. Check out: [suttonsbayvillage.org](http://suttonsbayvillage.org)
- **Leland:** Leland Ice Skating Rink at Hancock Field – Public ice-skating rink 100% funded by donations and maintained by community volunteers.
- **Glen Arbor:** Sleeping Bear Dunes – The Dune Climb is a popular place for family sledding – but it's allowed only in designated areas. Check the website for details: [www.nps.gov/slbe/planyourvisit/winteractivities.htm](http://www.nps.gov/slbe/planyourvisit/winteractivities.htm)

Remember, these rinks and sledding hills are dependent on great winter weather conditions, so availability will vary. Pro Tip: Take along a thermos of cocoa and some snacks and you will be sure to create memories to last a lifetime.

Let's all do a snow dance in hopes of an old-fashioned Northern Michigan winter that will allow these rinks and sledding hills to be a reality for the upcoming season! ☐



# EMBRACING WINTER

## BEATING THE WINTER BLUES

BY KRISTEN RABE

If you think winter days are about hibernating, think again. As tempting as it is to flip on the TV or take a nap when it's chilly outside, there are so many other options to brighten your days.

Studies estimate that 10-20 percent of Americans experience mood changes when the weather turns grey. To combat those feelings, consider the following tips to beat the winter blues.

### 1 Follow the light

Sunlight really does improve your mood. If the sun is shining on a winter day, make an effort to get outside and soak up some rays.

### 2 Get moving

Try an outdoor sport like snowshoeing, tubing, or cross-country skiing – or don your snow boots to hike your favorite trail. If the weather is threatening, you have indoor exercise options like yoga, aerobics, or dancing.

### 3 Tackle a home project

Doing a deep clean of your kitchen or organizing a closet may not be the most enjoyable task on your list, but you'll feel great when it's done.

### 4 Explore new interests

See winter as an opportunity to branch out. Experiment with a new hobby, such as painting, sketching, journaling, knitting, woodworking, or playing guitar. Check out a concert, maybe at the Interlochen Center for the Arts or the Alluvion in Traverse City. Consider a visit to the Dennon Museum, the Music House Museum, or a tour at Grand Traverse Commons.

### 5 Make connections

Join a book club at your local library or sign up for a continuing education class at Northwestern Michigan College. Volunteer at a nursing home, animal shelter, or other worthy cause.

Winter may never be your favorite season, but if you see it as a canvas of possibilities, you'll feel more energized and may even find new activities to enjoy all year long. □

When life  
hands you snow,  
make angels.



# NEW YEAR'S JOURNALS

BY KARIN CHROSTEK

There's something inviting about a blank page, clean slate, and a fresh start. For me, it's representative of my potential and best intentions. Staring at a space that hasn't yet been flawed by my decision making or time management gives me hope.

It provides a sense of possibility; it makes me believe that anything is possible. Such is the New Year holiday. I'm not alone in my appreciation for a fresh start. A recent poll identified that 34% of Americans create New Year's resolutions, some even making more than one. Each one is a promise to themselves that they will use the clean slate of a new year to improve their quality of life in some small way. Optimistic goal setting manifests most frequently in a desire to eat healthier, lose weight, increase activity, and adopt a balanced budget. Yet, it is a widely known truth that most fail to meet their goals. New Year's resolutions, more often than not, are abandoned after several weeks. Accepting failure is easy when the measure of success lies solely in data provided by the scale, the mirror, or a bank statement; they can provide harsh feedback.

Instead, give yourself a little grace and try journaling as a means of documenting your journey. Use your own feelings, thoughts, actions, and opinions as barometers of your success. Making daily recordings about what you did that day to positively impact your goals allows for reflection on your progress and reminds you to remain motivated. Journaling provides an opportunity to evaluate your choices and make changes – if needed. With this method of tracking, you become accountable only to yourself. By documenting little victories, you may just find yourself getting closer to that ultimate goal. By journaling, you alone get to define “success.”


So, let a sense of satisfaction fill the pages of your January journal this year. Track your progress and document your achievements. A written record of your effort will provide motivation to keep going and increase the odds of reaching your goal. You got this! ☐

By documenting little victories, you may just find yourself getting closer to that ultimate goal. By journaling, you alone get to define “success.”





## BY AMANDA PEARSON

These traditions are creative ways to enhance your own Christmas while learning about diverse cultures and, perhaps, inspiring you to start your own tradition. If you're looking for creative ways to encourage your children to start behaving better, are interested in starting a new book series, or perhaps you want to remember the true meaning of Christmas, it's never too early to start a new gift giving tradition. 

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OUT &amp; ABOUT

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# TRANSFORMING 8TH STREET: A Journey from Decline to the Vibrant North Boardman Lake District

BY STEVE NANCE | PHOTOS PROVIDED BY STEVE NANCE

After decades of change, 8th Street in Traverse City has evolved from a struggling corridor into a lively destination that promotes healthy and active lifestyles. The North Boardman Lake District, commonly known as NoBo, is becoming a vibrant area where residents can work, play, enjoy entertainment, dine, and shop.

Situated between Boardman Lake and the picturesque Boardman neighborhood's charming Victorian homes and tree-lined streets, NoBo serves as a locals' Front Street. Its walkable, bike-friendly design allows for easy access to downtown, nearby neighborhoods, Hull Park, the new Boardman Lake Loop, the TART trail, the Traverse Area District Library, and the children's garden, among other attractions.

Those familiar with Traverse City have witnessed significant changes over the years, especially along East 8th Street. In the 1970s, drivers would pass Wares Auto Sales at Woodmere and navigate westward through a heavily commercial stretch of auto-related businesses. Juniors Tire Service is a hardy survivor, but as many of these enterprises relocated, 8th Street became primarily a thoroughfare.

Years of wear and tear necessitated action, prompting the city to propose a refurbishment plan in 2014. Considering many diverse opinions, the City of Traverse City enlisted the help of experienced urban planning consultants to collaborate with business owners, community leaders, transportation advocates, environmentalists, and citizens through a charrette process. Under the name "Envision 8th Street," the opinions of many were collected before plans were put

into motion. By 2017, the city commission adopted a resolution based on the consensus and endorsed a design that featured a three-lane roadway with planters and off-street cycle tracks. This process also highlighted the North Boardman Lake District as an emerging business hub.

Even before the "Envision 8th Street" initiative, a coalition of business owners, neighbors, and engaged organizations had begun efforts to draw interest to and revitalize the area. A collaboration known as the North Boardman Group led by Brick

Wheels, McClains, The Filling Station, Oryana, Commonplace Co-working, JenTees, Raduno, Brookside Medical, Safe Harbor, Bay Family Vision, EB2 Vintage, TADL, and others formalized as a 501(c)(4) organization. As a group, they are committed to improving the overall quality of life in the Traverse City community while promoting the North Boardman Lake District as a dynamic city corridor.

Continuing enhancements in the NoBo corridor reflect the dedication of community members who inspired the "Envision 8th Street" initiative – a plan that has remained active and impactful. □





# THE HISTORY OF NOBO: North Boardman Lake Area Business District

BY MARTY MACLEOD

Other than a small sawmill, Traverse City's first structure was built near what is now the corner of Eighth Street and Boardman Avenue. After Capt. Harry Boardman bought 200 acres of virgin pine forest at the head of West Bay in 1847, his son Horace ventured up what was known as the Ottaway River to "discover" a small lake. Just north of where the river leaves Boardman Lake is where he and his crew built the Blockhouse, their shelter as they began clear-cutting what is now Traverse City.

The forest was downed in short order, making way for three massive sawmills between Eighth Street and the shore of Boardman Lake that supported the city's growth boom at the end of the 19th century. The problem was, most of the work force lived across the river in Old Towne, and the Union Street bridge was the only place to cross! So, it's no surprise that construction of the Eighth Street bridge in 1890 was critical to the mills and NoBo's development. In fact, before East Eighth was conjoined by the bridge, it was known simply as East Street.

Beitner's Mill was the farthest east and opened in 1887, not far from where the Woodmere Branch Library stands today. The factory specialized in fancy turnings for chairs, posts, and curtain rods.

At the head of the lake was the Oval Wood Dish Company, with its distinctive triple smokestacks. It opened in 1892 and quickly became the city's largest employer – over 600

in its prime. The mill made wood flooring and all manner of small items from hardwoods, including bowls, clothespins, rolling pins, and hangers, in addition to its flimsy namesake dishes – the equivalent of today's foam meat trays. Those greasy little dishes were regularly used for fire starters.

Farthest west, at the Eighth Street bridge, stood Wells-Higman, which made a variety of agricultural baskets and veneers from 1892 until it was destroyed in a huge conflagration in 1950.

Other early and notable NoBo businesses included the R.W. Round & Son foundry at 326 Boardman Avenue and the very familiar Cigar Box factory, built at Eighth and Boardman in 1920.

And finally, the Pere Marquette Railroad decommissioned both its freight and passenger stations in Old Towne and built a new depot on the north shore of Boardman Lake in 1927, proclaiming it "the finest station along the entire line." □



*The NoBo shoreline c. 1900. "The Box" at Eighth and Boardman in 1941. Lathe work at the mills – just look at that pipe and all those shavings... The Oval Wood Dish Co. Looking west at the PM depot (now the Filling Station); Eighth Street at far right.*

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## Dino's Pizza

The Nall Family first opened Dino's Pizza in 1971 and it has been family-owned and operated ever since. Bill Nall started spinning pies when he 13 years old and is still spinning them. Dino's is old school, with hand-stretched dough made daily, cheese ground by hand, and only the freshest ingredients. Bill and his wife Michelle are working most days alongside their amazing staff. Stop by and see them. *See ad on page 14.*

## Evergreen Consignment

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*Photo above provided by Steve Nance.*



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## McGough's

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## Orchard Cleaning Services

Born and raised in Traverse City, Orchard Cleaning Services started in 2012 with their children's health in mind and a passion for eco-friendly cleaning. Located in the heart of beautiful Traverse City, they are dedicated to preserving this area's beauty and creating a healthy, balanced workplace for their team. *See ad on page 17.*

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## Oryana Community Co-op

Their Tenth Street location has been a staple of the NoBo neighborhood since 1990. This cooperatively-run grocery store is a cozy, yet bustling, food market where patrons are likely to be greeted by name or run into someone they know while perusing locally-grown produce. Grab a coffee, meet a friend, and soak up the community vibes. *See ad on page 16.*

## Pearson Insurance Agency

Pearson Insurance, owned by Michelle and John Pearson, is a trusted Farm Bureau agency serving all of Michigan. They offer personalized coverage for families, farms, businesses, homeowners, life insurance, lake homes, automobiles, and more. As proud locals, they understand the unique needs of Northern Michigan's community. *See ad on page 12.*

## Raduno

Raduno is a neighborhood delicatessen and café featuring house-made pasta, fresh salads, house-made sausages, pâtés, and more – all designed for eating in or taking home. After living in Italy for 18 years, they opened a classic gastronomia, utilizing local ingredients to bring their patrons as close to Italy as possible. *Venite e gustate!*

## Safe Harbor

Food. Shelter. Hope. Since 2004, Safe Harbor supports the physical and spiritual welfare of people experiencing homelessness by providing them with seasonal emergency shelter and daily meals prepared and served by area churches. This nonprofit also has a year-round Housing and Human Resource Center with a focus on community partnership to find solutions to ending homelessness. More donations and volunteers are needed.

## Silver Spruce Brewing Company

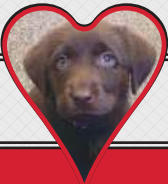
With Scott's degree in Molecular Biology and Leah's in Brewing Technology, it's no wonder these two met, fell in love and moved their craft from Ashville, NC, to Leah's hometown to open Silver Spruce Brewing Company in the heart of NoBo. They pay attention to every detail to produce clean, well-balanced lagers you'll enjoy. *See ad on page 11.*

## Skegemog Gardens

Skegemog Gardens is a place to be outdoors experiencing family, community, and supporting local Michigan for 25 years. Started by Tom Hager in the 1990s and now in the hands of the next two generations, they want to carry out the tradition of making their 7th-generation maple syrup and offer plants, produce, Christmas trees and décor. Open May 1 through December 24. *See ad on page 13.*



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## The Daily Grind

Coffee, LOTUS, and lunch! With locally-sourced coffee and eggs, they offer their signature breakfast sandwich, burrito (GF options) and all things espresso! Try LOTUS, a plant-based energy drink served hot or cold. Relax by the fire with your fur baby and friends or roll up to the drive-thru. They are here to get you through your *daily grind!*

## Traverse City District Library

The Traverse Area District Library is a network of six libraries around Grand Traverse County. Originally the Ladies Library Association, which was founded in downtown TC in 1869, several other libraries have existed prior to the Carnegie Library that opened on Sixth Street in the early 1900s. The library on Woodmere Avenue is celebrating its first 25 years in 2024! *See article on this page.*

## Traverse Area Community Rowing

TACR is dedicated to the promotion of rowing in Traverse City and surrounding communities and is inclusive of adults with all abilities. Programs include: beginners and advanced indoor rowing, coached sculling (novice and experienced), intermediate/advanced recreational rowing, open sculling punch card, and more. This 501c on North Boardman Lake is wholly supported by volunteers and the generosity of the community.

## West Shore Bank

West Shore Bank has been in business for over a century. More than a bank, they are a part of the community and provide local decision-making and lending. Through their Community Engagement Room, they support groups whose goals, beliefs, and efforts align with theirs. By hosting hundreds of local nonprofit groups and organizations, they help them reach their goals to improve the community—right in the heart of NoBo. *See ad on page 17.*

## Wink Interior Design and Cabinetry

Make life beautiful by design! Experience professional expertise for any project! Whether it's a new build or a renovation, Kirsten Pappas offers end-to-end design services that will elevate the most important living spaces in the home. When embarking on this journey, expect a customized approach that is just as unique as one's lifestyle. *See ad on page 16.*

## World Trade Press

After twenty-five years in Northern California, World Trade Press relocated to Traverse City in 2018 and hasn't looked back. They publish educational digital media about every country in the world and license it to libraries, schools, NGOs, government entities, and corporations.


# TRAVERSE AREA DISTRICT LIBRARY

BY HEATHER BRADY

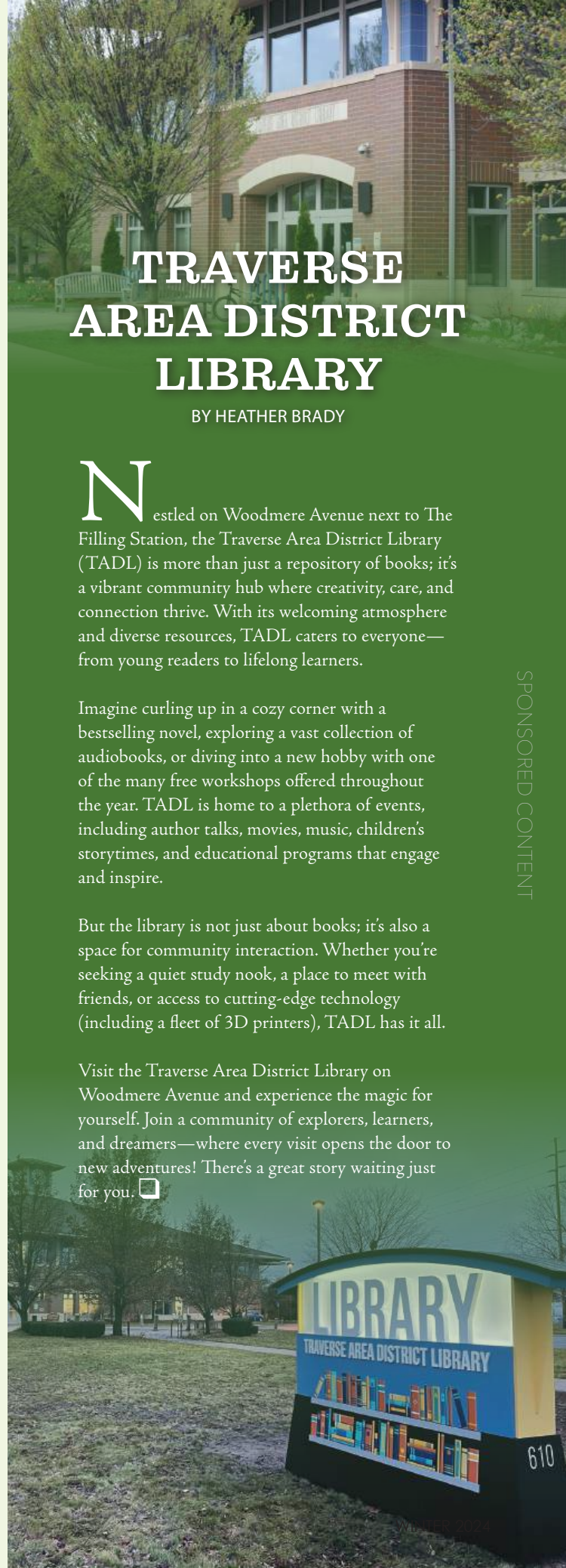
Nestled on Woodmere Avenue next to The Filling Station, the Traverse Area District Library (TADL) is more than just a repository of books; it's a vibrant community hub where creativity, care, and connection thrive. With its welcoming atmosphere and diverse resources, TADL caters to everyone—from young readers to lifelong learners.

Imagine curling up in a cozy corner with a bestselling novel, exploring a vast collection of audiobooks, or diving into a new hobby with one of the many free workshops offered throughout the year. TADL is home to a plethora of events, including author talks, movies, music, children's storytimes, and educational programs that engage and inspire.

But the library is not just about books; it's also a space for community interaction. Whether you're seeking a quiet study nook, a place to meet with friends, or access to cutting-edge technology (including a fleet of 3D printers), TADL has it all.

Visit the Traverse Area District Library on Woodmere Avenue and experience the magic for yourself. Join a community of explorers, learners, and dreamers—where every visit opens the door to new adventures! There's a great story waiting just for you. 

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# TRAVERSE AREA COMMUNITY SAILING


BY MICHAEL WILLS | PHOTOS PROVIDED BY JIM SORBIE

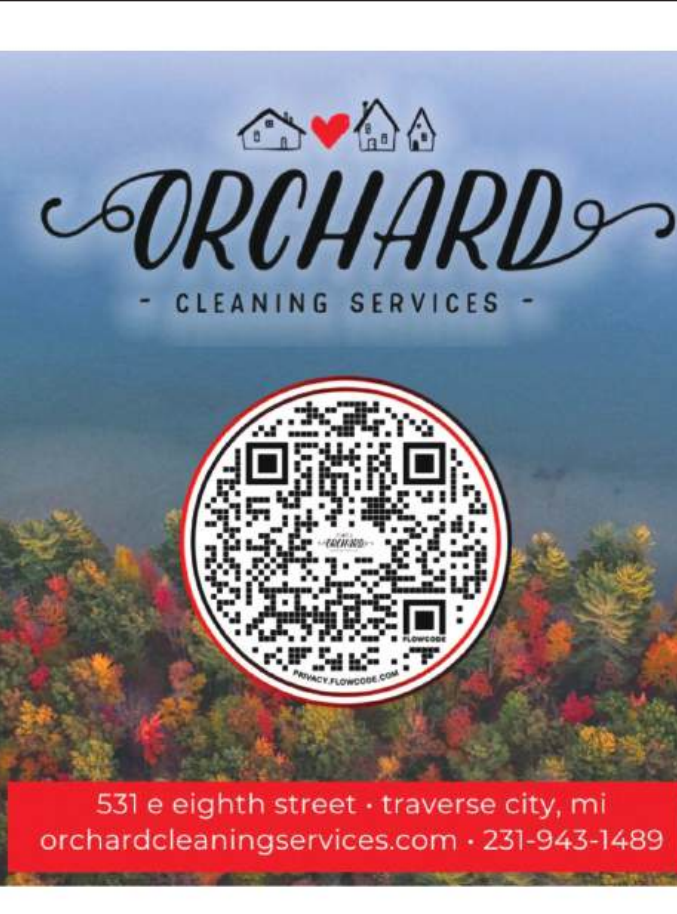
Boardman Lake has been home to Traverse Area Community Sailing (TACS) for 30 years. A nonprofit led by passionate volunteers, TACS provides sailing education for up to 750 children and adults annually since 1994. With its warm waters and small waves, Boardman Lake offers an ideal, weather-protected classroom for all ages. All those small boats you see on the lake during the summer are skippered by students learning to sail!

TACS's core summer program is a two-week, half-day, learn-to-sail course for youth aged 8 to 16. During this program, each child skipper their own boat. Adult sessions are held in the evenings and on weekends, with private lessons also available. Open sailing on Tuesday and Thursday evenings allows for free sailing and regatta participation. In addition, the Thursday evening Adaptive Sailing program is inclusive of individuals with various abilities, including those with physical or cognitive delays, seniors, veterans, and those with critical health concerns.

The TACS high school/middle school sailing team, comprising students from grades 6-12, practices and competes with teams across the Midwest each spring and fall.

Sailing is a life-long sport that can be enjoyed for relaxation or heart-pounding racing excitement. We live in an environment that is blessed with abundant water and invite you to come aboard and enjoy it to the fullest!

For more information, visit [tacsailing.org](http://tacsailing.org) 



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# Winter Gift Guide

## for WOMEN

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#### Hull's of Frankfort

419 Main St, Frankfort  
231-352-4642  
hullsoffrankfort.com



### Casual, Comfy, Warm & Chic!

Jacket from Tribal, hat and gloves are Brit's Knits, bag by Myra, necklace from Anju and patterned top by Urbanology. Super stylish!

#### Uniquely North

221 N Bridge St, Bellaire  
231-533-4630  
uniquelynorth.com

### Designer Jewelry with Local Stones

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#### Uniquely North

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## for THE COOK

### Smithey Cast Iron Pans

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#### Folgarelli's Market & Wine Shop

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231-941-7651 | folgarellis.net



# for EVERYONE



## Christmas Journey

Join us December 6,7,8 and 13,14,15 anytime between 5:30-7:30. FREE. Experience the Story of Christmas from Creation to Bethlehem and beyond in a 45-min walking tour completely outdoors.

**New Hope Community Church**  
5100 Bethesda Ct, Williamsburg  
231-938-8056 | newhope.cc



## Ramen Bowls

Japanese style bowls in dozens of patterns are designed to serve ramen and other foods beautifully and deliciously. Choose from more than a dozen patterns.

**Peppercorn**  
226 E Front St, Traverse City  
231-941-4146  
peppercornoftc.com

## Wearable Hugs

Perfect for morning coffee, errands, or lounging. Choose a unique jacket off the rack or give the gift of a custom piece sewn from a family heirloom quilt.

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100 E Adams St, Suttons Bay  
nykamping.com



## Finnish Sauna Experience

Give the Gift of a healthy Finnish Sauna Experience. MI Sauna is most often at the Traverse City State Park on East Grand Traverse Bay on Wednesday and Friday evenings and Saturdays, but available for Private Parties.

**MI Sauna**  
231-409-9535  
MichiganSauna.com  
@mi\_sauna f MI Sauna



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The Camera Shop in Traverse City can preserve and restore all of your memories in all formats; old movies, tapes, prints, slides, negatives and more all digitized to last generations to come.

**The Camera Shop of Traverse City**  
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231-946-7150  
camerashoptc.com



# for CHILDREN



## The Wandering Wise Men Activity Set

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**Eric and Meredith (TerHaar) Schrotenboer**  
thewanderingwisemen.com f @wanderingwisemen

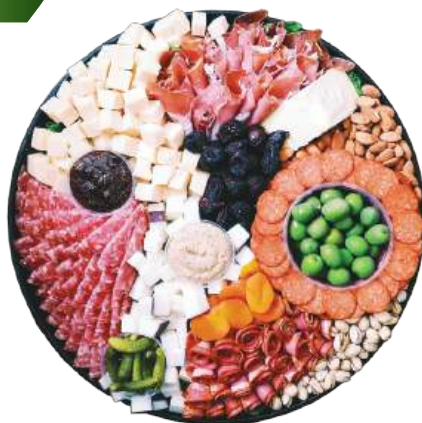


# for EVERYONE

## Food and Wine

Give the gift of delicious food and wine! Folgarelli's can put together incredible-tasting works of art that nearly anyone would enjoy. Platters can be filled with artisan cheese, cured meats, and other goodies.

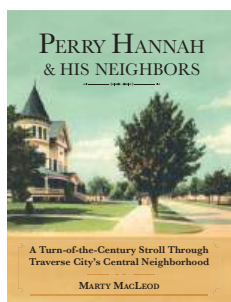
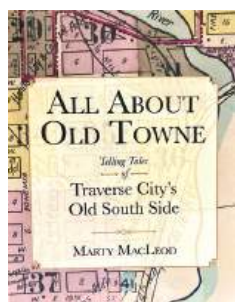
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231941-7651 | folgarellis.net



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231-933-8010 | epiphanysalon.com



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# for PET OWNERS




# THE LOST ART OF THANK YOU NOTES

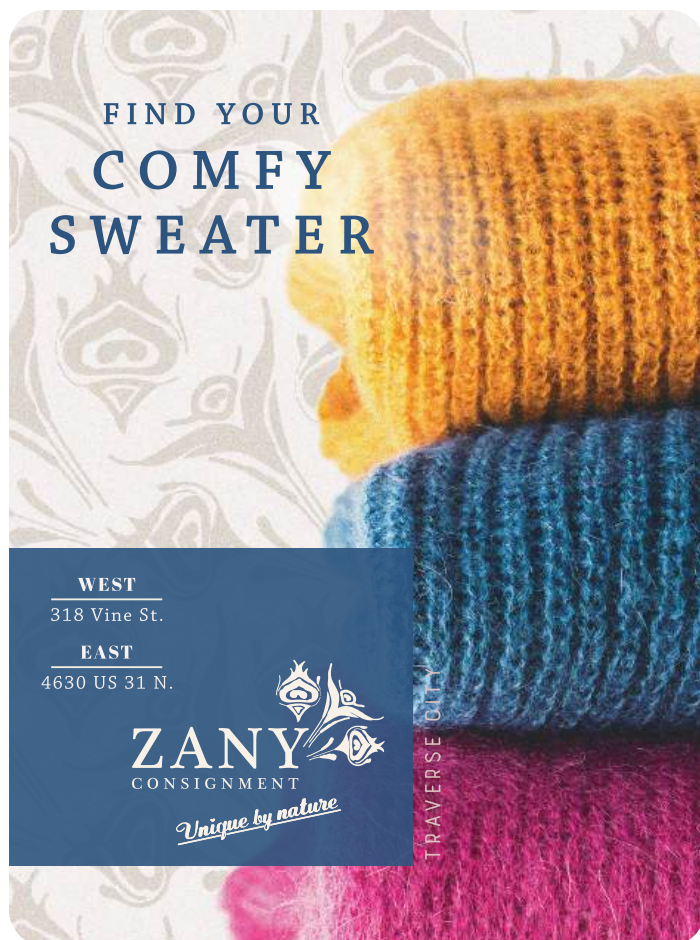
BY ANGELA REPKE

There's no better way to express love and gratitude than by writing a "thank you" note. There is also no better time than winter to watch the snow fall out your window, cozy up by the fire, and jot a note to someone important in your life.

We often think about writing thank you notes after a wedding, shower, or other grand event, but this winter, try to think of other reasons to write a note of gratitude. Maybe you and a friend managed to get out together and snowshoe, connecting in a way you hadn't in a long time? Or perhaps your parents watched your children so you and your partner could have a nice meal out? Maybe you can just write a simple thank you for something long overdue, such as someone being an integral part of your life? The sky's the limit, and every day is the right time to make someone understand that they matter and let them know you appreciate them.

Not sure where to start? It's quite simple, really; it's in the details. Recently, a coworker took my 12-year-old son out fishing on his boat, so I made sure my son wrote him a note to thank him. I read his draft and simply asked, "What was your favorite part of the day?" To my surprise, his answer had nothing to do with them catching a large coho salmon. Instead, he said it was simply sharing the day in conversation. When my coworker read the note, he said, "Huh, his favorite part wasn't fishing, but chatting with me?" His eyes smiled, and it was obvious that the note truly made him feel appreciated for the impact he had on my son.

So, this winter, stroll to your favorite small business and gather up some handmade stationery from a local artist. Light a fire, grab a pen, and think about all the small details and the people you're thankful for in this life. A small note will not only make someone else's day, it will make yours, too. 



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# SPRUCING UP YOUR SPACE WITHOUT BREAKING THE BUDGET

BY AMANDA PEARSON


**A**fter many years, it's easy to grow tired of your décor, your furniture layout, and even the particular pieces that make your house your home. Whether it's a change of season, long hours working from home, putting your house on the market, or just the need for a change-up, everyone wants to spruce up their space from time to time – even if hiring an interior decorator or contractor is out of budget.

Rearranging furniture and adding a fresh coat of paint are common choices, but there are many other budget-friendly ways to enhance and update your space. Since they specialize in making homes appealing to buyers, area realtors are great resources and offer these budget-friendly tips:

- **Change up the yard and porch.** Cut back vegetation from the house, invest in new hanging baskets, and clean out flower beds to improve curb appeal. Consider powerwashing sidewalks and patios to remove debris and revive high-traffic areas. Freshening outdoor areas creates a positive feeling from the moment someone sees your home.
- When painting the interior, do not forget to **clean and paint baseboards** to brighten rooms from the ground up! Over time, kitchen and bathrooms accumulate dirt and grime. Cleaning away old caulk and resealing will not only brighten surfaces, it will help them last longer.
- **Declutter!** Remove the unnecessary and deep clean every room. Invest in closet, drawer, and

cabinet organizers. It is surprising what removing excess can do for mental health, too.

- While decluttering, take the time to **clean the glass on light fixtures**; this will help warm up or brighten rooms depending on the type of light bulb preferred. Consider changing bulbs to create a warmer or brighter living space.
- **Changing out kitchen knobs, pulls, and other hardware** updates and modernizes any space for minimal cost.
- Finally, consider **adding large art**. Framed prints are often budget friendly and can be found around town or online. Feeling adventurous? Check out local thrift stores and estate sales for older pieces that can be reframed and made new again.

Revitalizing your living space does not have to break your budget. By making small changes, you are not only investing in your home, but also your mental health. A clean and peaceful space makes your home the oasis you deserve. 



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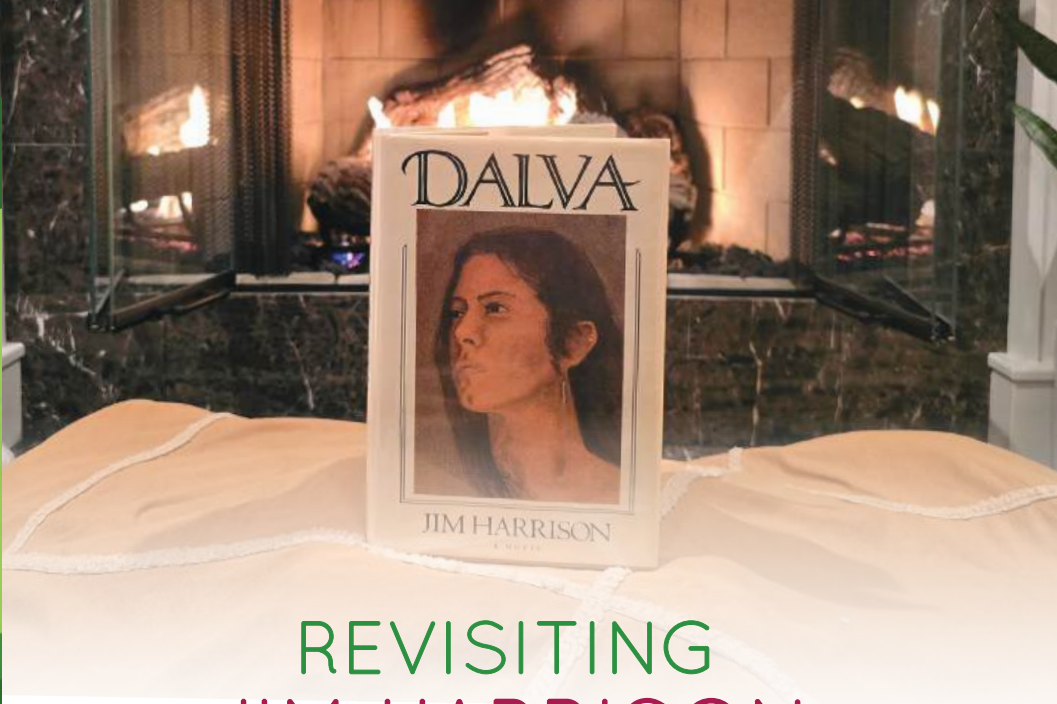
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## REVISITING JIM HARRISON

BY PAUL STEBLETON

As the days grow shorter and the sumac bushes change to a fiery red, I'm reminded of the legacy of the late Jim Harrison. Born in Grayling in 1937, Harrison attended Haslett High School and graduated from Michigan State University with a Master's degree in Comparative Literature. After a brief stint as an assistant professor at State University of New York, Harrison returned to Northern Michigan, where he became a legendary figure in Leelanau County. Prior to becoming a novelist, Harrison made his name as a poet when his first book, *Plain Song*, was published in 1965. His poetry focused on themes of man, nature, and his sense of spirituality, and he would continue to fashion poems until his death.

After an accident, Harrison was laid up for a period of months and was encouraged by friend and novelist Thomas McGuane to write a novel. The result was *Wolf, A False Memoir*, published in 1971, and this would change his career forever. The novel was adapted for the big screen, and Jack Nicholson played the lead role. This success led to work with *Esquire*, *The New Yorker*, *Playboy*, and *Sports Illustrated* as well as work in Hollywood as a screenwriter.

Harrison left Michigan and resettled in Livingston, Montana, with his longtime spouse Linda, and they split their time between Montana and Patagonia, Arizona. Even in his later years, his creative output continued at a furious pace. After the age of 60, he published a dozen works of fiction, another six collections of poetry, a memoir and a book about his exploits as a foodie.

Jim Harrison passed away in 2016 at his home in Patagonia. He was 78 years old and still writing new stories. Since his death, new work continues to emerge, with more to be published. But what of his literary legacy? In life, he was considered by many to be a modern-day Hemingway. Although he never experienced quite that level of fame and accolades, Harrison remains a bestseller and holds an honored place in the modern American canon. His first editions continue to be coveted by collectors, cementing his legacy. □



# ASSIMILATING TO ASSISTED LIVING

BY AMANDA PEARSON


**A**ging is inevitable, and witnessing the decline of loved ones is hard. Realizing that it is no longer safe or feasible for loved ones to live on their own, or that you can no longer provide the necessary support, is difficult, but it does not have to be overly stressful or dramatic. When it's time, open and honest communication with your loved one regarding their concerns can be the first step toward positive change.

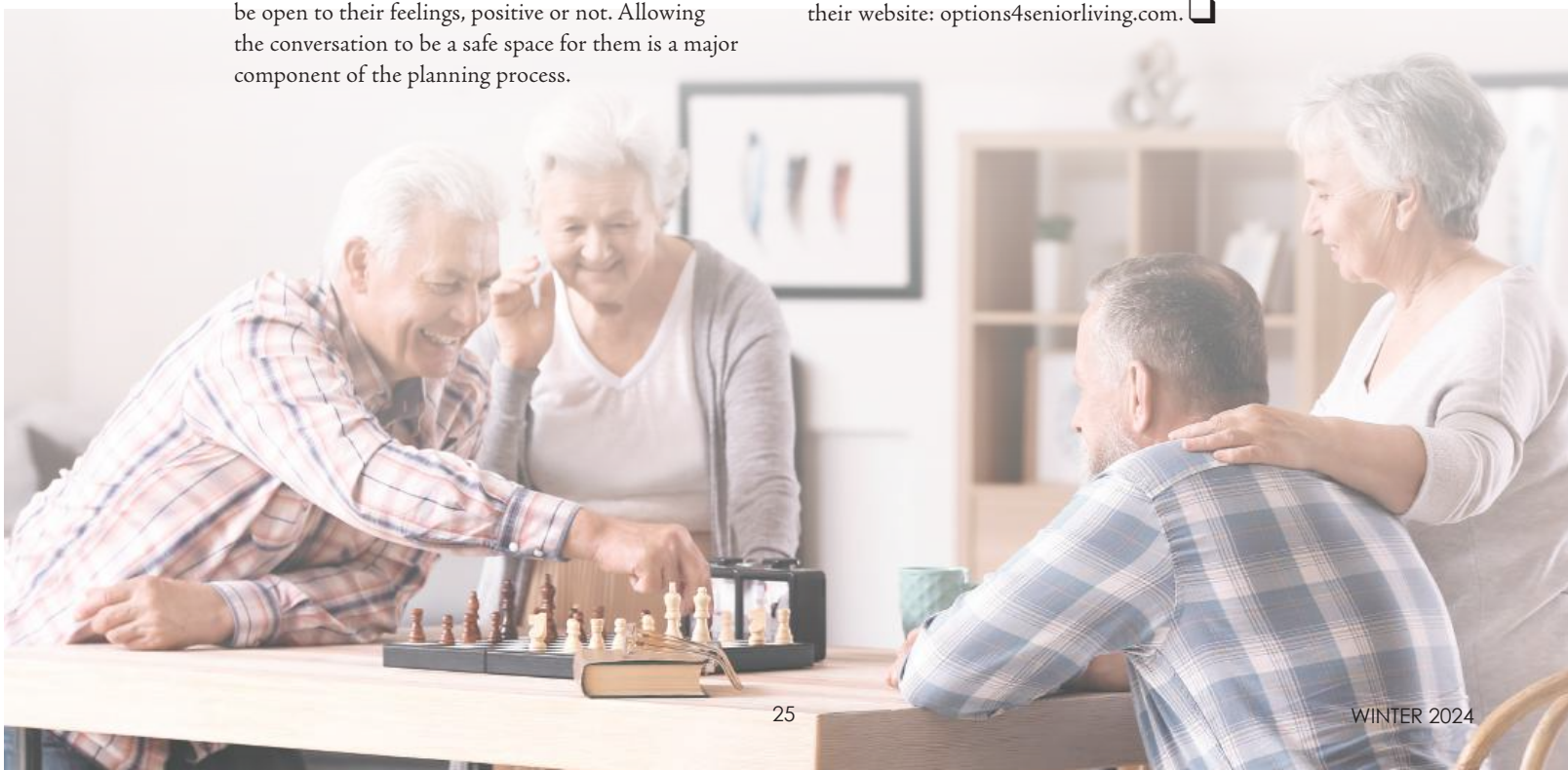
Assisted living is a broad term for the many different forms of available care. The assisted living umbrella covers assisted living and adult foster care facilities, dementia and Alzheimer's care, independent living, skilled nursing facilities, and subsidized senior apartments. When selecting the level of care needed, you will want a clear understanding of the type of facility your loved one may require. When declining mental or physical abilities are on the horizon, it is better to err on the side of selecting an abundance of resources instead of not enough.

Kim Bauml of Options for Senior Living, LLC is a regional resource in the assisted living journey with 17 years of experience. In a recent interview, Kim shed light on informed decisionmaking when selecting an assisted-living facility and shared that it is imperative to start the research before it is necessary. Making this type of decision from a hospital bed or rehab facility can be emotional and extremely stressful. Instead, have the conversation with your loved one early, and be open to their feelings, positive or not. Allowing the conversation to be a safe space for them is a major component of the planning process.

**Helping a loved one understand that the decision is not taking their independence away, but is instead trying to support their independence, safety, and well-being for as long as possible.**

By collaborating with individuals like Kim or the social workers available in these facilities, you can dissect the questions that arise. Knowing that you are not limited or alone in the selection process, and that there are options to cater to your loved one's specific needs, can be a major relief for all involved. An awareness of your financial, medical, and social support options can give peace of mind. More than that, making these sorts of informed decisions helps guarantee that your loved one's life is one of continued love, support, and peace rather than loneliness, fear, and stress.

For additional resources and support options, contact Options for Senior Living at (231) 935-4735 or visit their website: [options4seniorliving.com](http://options4seniorliving.com). 





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# ADOPTING A PET FOR THE HOLIDAYS?

## WHAT YOU NEED TO KNOW

BY KRISTEN RABE

**M**any people consider the gift of a new puppy, kitten, or other pet part of their holiday celebration. While this sounds like a perfect idea, it's important to remember that adopting a pet is one of the most important decisions you will ever make. Animal shelters report that, sadly, many pets adopted around the holidays end up abandoned a few weeks later because the adopters weren't ready for the responsibility.

Before you're charmed by that wagging tail or those pleading eyes, recognize that you're making a commitment that could extend a decade or more. When considering a new pet as a holiday present, keep these ideas in mind:

**1**

**Make sure your family is really ready for a pet.** While welcoming a new animal into your home can be wonderful, it is also a life-changing event. If you're retired, you may have a lot of time to spend with a pet. If you're working or have children in school, think realistically about how a pet will fit into your family's lifestyle. How much time will you spend with your new companion? Where will it be confined when you're not home? Is your family committed to training, playing with, and exercising your pet as well as providing the mental stimulation that's so important? A puppy or adult dog will be the most time-consuming, but a cat, a guinea pig, or even a parakeet requires time and energy.

**2**

**Adopt from a shelter or rescue organization.** Why buy from a pet store when so many rescued animals need good homes? The Traverse Bay area has several excellent city and county animal shelters, in addition to organizations such as Cherryland Humane Society, HANDDS to the Rescue, and AC PAWS. Some shelters even handle rescued horses, rabbits, and reptiles. The Traverse area is also served by statewide rescue organizations that specialize in a particular breed, such as Golden Retriever Rescue of Michigan and Michigan Lab Rescue. Often, volunteers with these organizations will help you think through the type of pet that is best suited for your family.



### 3

**Be prepared for the expense.** In addition to adoption fees, the costs of food, supplies, veterinary appointments (including spaying or neutering), and dental hygiene certainly add up. For a dog, you'll also pay for annual vaccines and monthly heartworm/tick medication as well as potential expenses for grooming, boarding, and obedience training. The cost of caring for a new dog or cat typically starts at \$800 a year and goes up from there, depending on the situation.

### 4

**Be patient.** Be sure to give your new companion the space, time, and support it needs to settle in and feel comfortable, particularly if it's a dog or cat. Most animals need several days to begin adjusting and several weeks to start learning your routines. It could be spring or summer before the dog or cat you adopted in December truly feels at home.

Adopting a new furry, feathered, or scaled friend may be one of the best gifts your family receives, but remember that it's also a significant – even life-changing – responsibility. Be ready to give your pet the love and attention it deserves. ☐



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# LIFE COACHING

BY KARIN CHROSTEK

Admittedly, I had to Google it: “What does a Life Coach do?”

Psychology.com explains that “Life Coaches partner with clients, helping them achieve their goals, overcome challenges, and make changes in their lives. They help clients identify their own strengths and use that power to create the changes they seek.” All of this sounds both appealing and empowering. Yes, I thought, I could use one of those; I think a lot of us could.

Life coaching occupies the niche between psychological counseling and corporate head-hunting. Where clinical counseling sessions work to complete/heal the person in the interest of achieving their best version of self, life coaching keeps the individual accountable in pursuit of their goals. Whether it be interpersonal, educational, or entrepreneurial in nature, life coaches assist in identifying the desired outcome and present steps and strategies to help achieve it.

This concept is compelling to me. Metaphorically speaking, a life coach can help one decide what’s for dinner. As a well-informed consumer, I am confident making a shopping list, going to the store, and buying the groceries. My challenge lies in deciding what I want to cook each night. Using this metaphor, a life coach would help me identify my cravings, evaluate my skill set, ask about tools and recipes, and hold me accountable to my desired serving time, which I would greatly appreciate.


The practice of identifying strengths, clarifying goals, and establishing accountability was further emphasized in my



meeting with Shea Petaja. You may have seen Shea; her warmth and charisma radiate from a billboard on Eighth Street that advertises her practice. What makes her, and others in her field, unique is that her skills emanate from personal experience. Her perspective was gained through life circumstance and her qualities of resilience, perseverance, and an inherent sense of optimism that, when combined with her credentials and professionalism, create a knowledge base that is easily relatable and highly motivating.

Life coaching is advantageous and beneficial to many. The origins of this profession stem more from events encountered in life instead of pages turned in a textbook, which makes coaches personable, life-tested, and trustworthy. Tony Robbins, a nationally known life coach, holds an annual conference in Florida attended by over 2,500 people and was the subject of a 2016 Netflix documentary. The passion and enthusiasm life coaches project easily translates into encouragement and motivation for their clients and businesses.

**With several life coaches in practice in our region, including Shea Petaja, Terry Porter, and others a mere search away on the web – help is there for those who seek it. We’re all capable of achieving our dreams.**

So, what do *you* want for dinner? 





Newer In Town: Pickle U

BY CANDIE CONAT

Several years ago, after retiring from NMC, Dave Sexton had the chance to play a game of pickleball and fell in love. Having been a sports enthusiast and a racquetball instructor for many years, he saw something in the game that made it unique: it took the fun parts of racquetball, badminton, and tennis and mishmashed them all into one entertaining sport.

Co-owners: Deb and Dave Sexton  
Not pictured: Tyler and Hannah Sexton

After enjoying the game so much, Sexton and his wife Deb considered starting a Pickleball facility in the area. They discussed the idea with their son Tyler and his wife, Hannah. Before long the whole family was all-in on the venture.

Little did the Sextons know, it would take 2.5 years and many township meetings to finally bring their dream to reality. Repurposing the former Kmart building in Acme offered perfect space. Once the idea was shared, the public showed up in droves at meetings to support it and are now enjoying the facility in full force with many new players showing up daily.

While pickleball has been around since the 1960s, it has gained momentum and popularity in the past few years and is now the fastest-growing sport in the nation. Dave believes the popularity is due to its multigenerational appeal. Mistakenly considered a sport for the 50+ crowd, it is, in fact, popular with players from 5 to 95, offering a fun way to be socially and physically active. He enjoys seeing grandparents on the courts playing with their grandchildren, laughing and having fun. Pickleball is generally easier to learn than other racquet sports, and four pickleball courts can fit into the same area as one tennis court, offering better utilization of space.

Pickle U currently houses eight courts and has two Professional Pickleball Registry (PPR)-certified instructors, providing multiple opportunities for play. Beginner sessions include two hours of round-robin play while employees are present to run the sessions and instruct the players. The round-robin format allows beginners to play with others at various skill levels, furthering their expertise. For more experienced players, check out leagues for men or women and open play for individuals or groups. Individual lessons with one of the PPR-certified instructors are also available. Pickle U also hosts special events and tournaments.

Dave credits the success of this venture to God and his family and friends who have worked so hard to make it a success. For the full schedule of leagues, workshops, open play, and events, visit [PickleUTC.com](http://PickleUTC.com) or call 231-486-5250. □

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# SNOWMOBILING 101

BY CANDIE CONAT

Being out in the glistening snow in the middle of the northern wilderness can be a refreshing and uplifting experience, and Michigan has over 6,000 miles of snowmobile trails to enjoy. That said, learning how to properly operate a snowmobile is of the utmost importance, since the average machine is capable of speeds up to 120 miles per hour off the showroom floor.

Planning ahead with these tips will make your new hobby more enjoyable and can help keep you safe:

**Registration:** Your machine must be registered through the state of Michigan with the registration stickers properly displayed. The only exception to this is when a machine will be operated **ONLY** on private land. In this instance, registration is not required.

**Snowmobile Trail Permit:** In addition to the registration, all sleds riding on open trails must have a trail permit.

**Training:** Operators between the ages of 12 and 17 are required to take a safety course before operating a snowmobile. Visit [snowmobile-ed.com/michigan/](http://snowmobile-ed.com/michigan/) for the only approved online or in-person safety course.


**Proper Gear:** Staying warm is going to make your journey far more safe – not to mention enjoyable! Dress in layers, and consider taking extra socks and gloves just in case you experience wet feet or hands. A proper helmet will not only help you stay warm, it could save your life in the event of a collision.

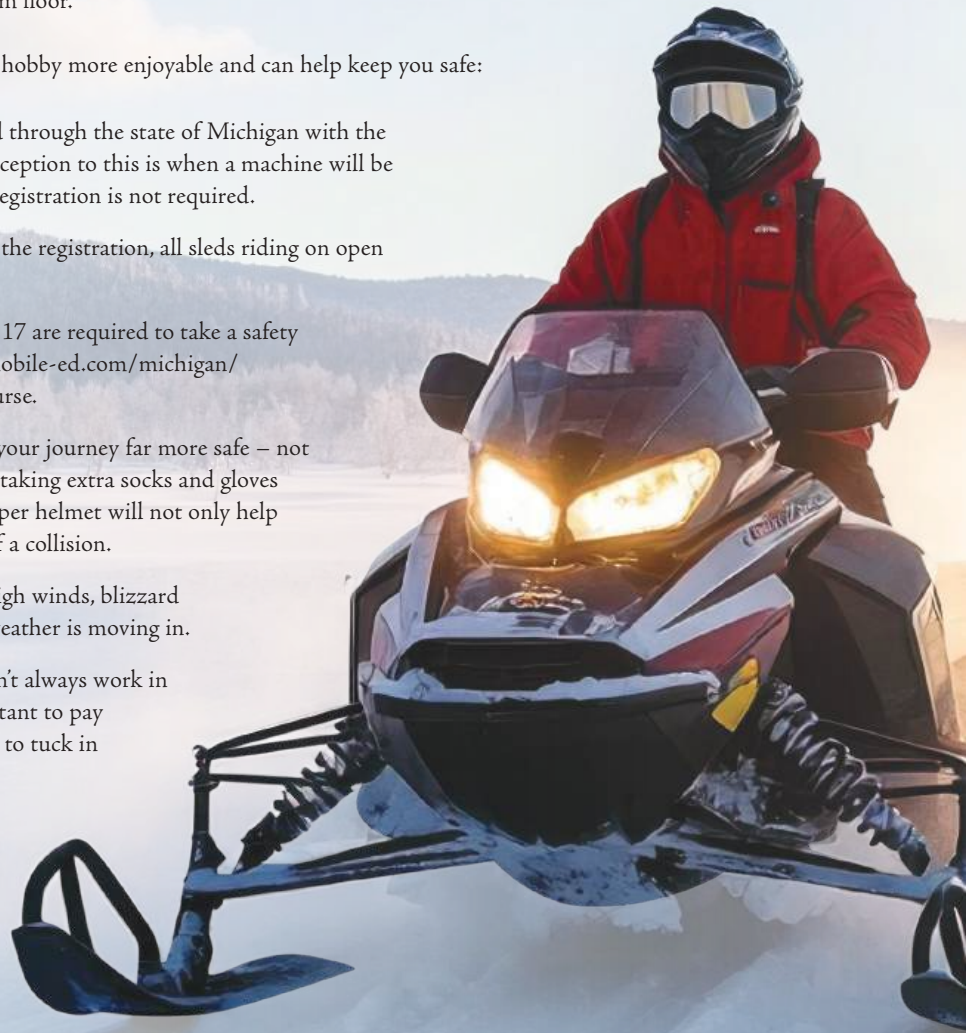
**Weather:** Watch the forecast for warnings of high winds, blizzard conditions, or extreme cold, and stay home if bad weather is moving in.

**Navigation:** GPS and maps on your phone don't always work in the vast woods of Northern Michigan, so it's important to pay attention to trail markings. Consider printing maps to tuck in your snowsuit before you leave home.

In addition, it's best to journey out with experienced riders only. It can be easy to get turned around in the woods or to wander off a trail unknowingly. Do not ride alone! It's also easy to misjudge snow depth and become stuck in deep powder. This is another reason to always ride with others. If you get stuck, you can help each other out of difficult situations.

A great place to find fellow snowmobile enthusiasts who might welcome you to ride with them is the Michigan Snowmobile & ORV Association via their website (<https://misorva.org/>) or on Facebook. In addition, try searching for Michigan Snowmobilers or Snowmobile Riders of Michigan. You can also try modifying your search to include more specific areas such as Upper Peninsula or Northern Michigan.

Safe and happy riding! 



Michigan has over 6,000 miles of snowmobile trails.



# LOCAL TRAILS

BY CANDIE CONAT

All across the state, there are thousands of beautifully groomed snowmobile trails to help you step up your winter fun.

Each county has numerous trails with designated parking areas. The trails are named and marked with numbers, and these numbers are important to remember. If you have a situation where you need help, the trail numbers will help authorities find you. Snowmobile trails are generally open from December 1 to March 31, but dates can vary based on weather conditions.

## PARKING AREAS

### Grand Traverse County

- High Lake Road near Willsey Road
- Supply Road near Dead Horse Road
- East Blair Townhall Road

### Kalkaska County

- Island Lake Road NW, near W. Airport Road
- M72 near intersection with Sunset Trail
- Intersection of Starvation Lake and Sand Lake Road NE

### Antrim County

- Mancelona Road west of Crooked Lake Road
- Kregula Road east of US 131

(According to the DNR website, parking areas in Benzie and Leelanau Counties could not be confirmed at the time of printing.)

It is important to understand where you can and cannot ride. Always ride respectfully and pay attention to private property signs. Also be sure to educate yourself on local laws for riding inside city limits and on county roads.

Here are sites offering detailed trail information across the state:

**MDNR:** [michigan.gov/dnr/things-to-do/snowmobiling/snowmobile-maps-in-list-format](https://michigan.gov/dnr/things-to-do/snowmobiling/snowmobile-maps-in-list-format)

**Interactive Map:** Offers an app for your phone or tablet as well as downloadable and printable maps: [midnr.maps.arcgis.com/apps/webappviewer/index.html?id=87bf33a87cfc4e3882743abc2da52231](https://midnr.maps.arcgis.com/apps/webappviewer/index.html?id=87bf33a87cfc4e3882743abc2da52231)

**Michigan Interactive Source for the North:** Offers very detailed, interactive maps: [fishweb.com/recreation/snowmobile/trails/nwl.html](https://fishweb.com/recreation/snowmobile/trails/nwl.html)

**Michigan Snowmobile & ORV Association:** [misorva.org](https://misorva.org)

Have fun out there, enjoy the beauty of the north and ride safe!

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## LEELANAU CHRISTIAN NEIGHBORS

Since 1987, Leelanau Christian Neighbors (LCN) has been dedicated to **providing assistance throughout Leelanau County**. Established by local churches, LCN offers essential support to the most vulnerable residents through various programs.

LCN's food pantry ensures families have access to *healthy and nutritious meals*. Its baby pantry offers *diapers, formula, and other necessities* for infants and young children. LCN also provides *financial assistance for utilities, rent, and medical needs* through its emergency fund; helping individuals navigate difficult times with dignity. In addition to these services, students from *six Leelanau County schools receive nutritional food, snacks, and hygiene products* through the Blessings in a Backpack program.

In 2023, volunteers donated over 12,000 hours to LCN. Whether picking up food, stocking the pantries, working in the Samaritans' Closet thrift store, packing backpacks, or offering administrative support, volunteer opportunities are available for everyone to contribute their talent and time.

Donations to LCN to continue this vital work can be made on their website, or checks can be sent directly to their office. To learn more about LCN, visit their website at: [leelanauchristianneighbors.org](http://leelanauchristianneighbors.org).



## NEXT LEVEL INDEPENDENT LIVING PLUS

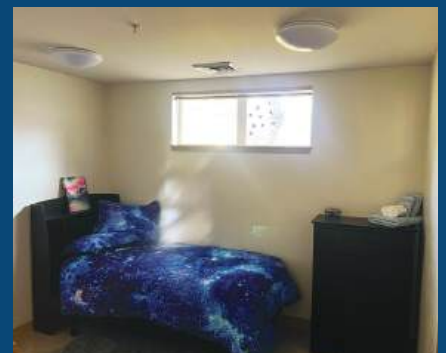
Next Level Independent Living Plus is a program for **foster youth ages 16-19**. Our staff-supported housing is located in Traverse City and *provides youth with knowledge and life skills as they journey toward becoming independent adults*.

Our on-site ILP Coach works with each youth and, together, they develop goals that are individualized and meaningful. Featuring seven private bedrooms, our home-like atmosphere offers two full bathrooms, on-site laundry, kitchen, living room, study area, media room, and space for outdoor activities. Our staff offer a *caring, respectful, trauma-informed approach* to ensure each resident feels comfortable as they move toward the "Next Level" of their lives.

What youth can expect:

- To be in a safe, caring, home-like environment
- To have their own private bedroom
- To participate in developing meaningful, individualized goals
- To be treated with dignity and respect
- To have a voice within the home
- To be in an environment that promotes the emotional and physical health and safety of participants and staff

Could you be the ONE to provide mentorship to local teens in foster care? To learn more about Next Level Independent Living Plus Program call 231-946-8975 or visit: [cfsnwm.org/next-level](http://cfsnwm.org/next-level)





# Dining Guide

## NW, North & East Grand Traverse County

Acme, Traverse City, Williamsburg



**Hopscotch**



**Margarita's Grill**



**Bushell's Kitchen + Cocktails**

### DINING

\$\$ 7 Monks Taproom  
128 S Union, TC  
231-421-8410

\$\$\$ Aerie Restaurant & Lounge  
100 GT Village Blvd, Acme  
231-534-6800

\$\$\$ Amical  
229 E Front St, TC  
231-941-8888

\$\$\$ Apache Trout Grill  
on West Bay - Dock  
13671 S West Bayshore Dr, TC  
231-947-7079

\$\$\$ Archie's Social House  
237 Lake Ave, Traverse City  
231-421-1900

\$\$\$ Artisan  
615 E Front St, TC  
231-947-3700

\$ B C Pizza  
3186 Lafranier Rd, TC  
231-995-9900

\$ Bad Dog Deli  
14091 Center Rd, TC  
231-384-0827

\$ Barrio Tacos  
305 W Front St, TC  
231-421-1855

\$ Bay Bar  
263 W Grandview Pkwy, TC  
231-932-0500

\$ Bay Subs  
1696 N Garfield Rd, TC  
231-938-1610

**\$\$ BAYVIEW INN**  
5074 US 31 N, Acme  
231-938-1610  
*Across from East Bay – dine in or on the deck (weather permitting). Comfort food, pizzas, burgers, soup & salad, vegetarian options, family friendly! Sunset views. [franksbayviewinn.com](http://franksbayviewinn.com)*

**HAPPY HOUR:**  
*Mon-Sat 3:30-6:30 pm*

\$ Bergstrom's Burgers  
905 US-31, Chum's Corner  
231-252-4048

\$ Big Apple Bagels  
1133 W S Airport Rd, TC  
231-929-9866

\$ Big Boy Restaurant  
3828 N US Hwy 31 S, TC  
231-941-7430

\$\$ Blue Tractor Cook Shop  
423 S Union St, TC  
231-922-9515

\$\$\$ Boathouse on West Bay  
14039 Peninsula Dr, TC  
231-223-4030

\$ Bob Evans  
1964 N US Hwy 31 N, TC  
231-938-1005

\$ Bookbroker & Kramer's Café  
3200 S Airport Rd, TC  
231-943-1707

\$\$\$ Boone's Long Lake Inn  
7208 Secor Rd, TC  
231-946-3991

\$\$\$ Bourbons' 72  
7741- M-72 E, Williamsburg  
800-922-2946

\$ Brady's Bar  
401 S Union St, TC  
231-946-8153

\$ Bubba's  
428 E Front St, TC  
231-995-0570

\$ Bubbie's Bagels  
1215 E Front St, TC  
231-252-3587

\$\$ Buffalo Wild Wings  
3480 S Airport Rd W, TC  
231-421-2417

\$ Bull & Bear Kitchen  
439 E Eighth St, TC

\$\$\$ The Burrow  
12930 S West Bay Shore Dr, TC  
231-943-1048

**\$\$\$ BUSHELL'S KITCHEN + COCKTAILS**  
127 S Union St, TC  
231-753-1200

*Traverse City's newest kitchen & cocktail restaurant featuring craft cocktails, savory appetizers, salads, local fresh vegetables, and local fish. See ad page 38.*  
[bushellskitchenandcocktails.com](http://bushellskitchenandcocktails.com)

\$ Cajun Grill Express  
3200 S Airport Rd W, TC  
231-946-8377

\$ Centre Street Café  
1125 Centre St, TC  
231-946-5872

### CHARLES & REID DETROIT PIZZA

113 E State St, TC  
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231-252-3497  
*Great Detroit style pizza (including new pizzas), wonderful specialty sandwiches, and fresh seasonal salads, made with quality products from local vendors. Open Tues-Sat [charlesandreid.com](http://charlesandreid.com)*

\$ Chef's In, The  
519 W Front St, TC  
231-941-1144

**\$\$ CHINA FAIR**  
1357 S Airport Rd, TC  
231-949-5844

*Casual Chinese dining serves traditional fare plus Thai and Asian-fusion cuisine. Lunch and Dinner Menus. [tchinafair.com](http://tchinafair.com)*

**HAPPY HOUR SPECIALS:**  
*Daily drink specials*

\$ China Lee  
3985 Beitner Rd, TC  
231-943-9888

\$ China One  
742 Munson Ave, TC  
231-933-4858

**\$\$ Chubby Unicorn**  
439 E Front St, TC  
231-421-1105

**Coffee Corner**  
In the Food Court at the  
Grand Traverse Mall, TC

**\$ Coin Slot, The**  
346 E Front St, TC  
231-642-5661

**\$\$ Common Good Bakery**  
1115 E Eighth St, TC  
537 W. 14th St, TC

**\$\$\$ Conifer**  
108 S Union, TC  
231-932-2233

**\$\$\$\$ Cook's House**  
115 Wellington St, TC  
231-946-8700

**\$\$ COTTAGE COMFORTABLE FOOD, THE**  
472 Munson Ave, TC  
231-947-9261  
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[cottagecafetc.com](http://cottagecafetc.com)

**\$ Cousin Jenny's Cornish Pasties**  
222 E State St, TC  
231-941-7821

**\$\$ Crocodile Palace**  
124 Cochlin St  
231-421-3555

**\$ CULVER'S**  
101 US 31, TC  
231-421-1112

**876 Munson Ave, TC**  
231-252-2387  
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[www.culvers.com](http://www.culvers.com)

**\$ Dancing Donkey Burgers**  
2658 Crossing Circle, TC  
231-947-6721

**\$\$ Day Club at West Bay Beach Resort**  
615 W Front St, TC  
231-947-3700

**\$\$ Detroit Wing Company**  
1201 E Front St, TC  
231-421-1917

**\$\$ Dickey's Barbecue Pit**  
1201 E Front St, TC  
231-357-1237

**\$\$ Dillingers Pub and Bootleggers Bar**  
121 S Union, TC  
231-941-2276

**\$ DINO'S PIZZA**  
543 E Eighth St, TC  
231-946-3400

*Family owned since 1970 and serving old school, d hand-stretched dough made daily, cheese ground by hand, & fresh ingredients. Open noon-1AM daily; Free Delivery! [tcdinopizza.com](http://tcdinopizza.com) See ad on page 14.*

**\$ Don's Drive-In**  
2030 US 31 N, TC  
231-938-1860

**\$\$ Dojo, The**  
7738 N Long Lake Rd, TC  
231-590-4366

**\$\$ DRELOCO TACO**  
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231-715-1188  
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[facebook.com/drelocotaco/](https://facebook.com/drelocotaco/)

**\$ East Bay Pizza**  
4386 US 31 N, TC  
231-938-9160

**\$ Elderberry Farms Estate**  
4702 East Traverse Hwy, TC

**\$ Factory Man Roasting House**  
708 Boon St, TC

**\$\$-\$\$\$ Farm Club**  
10051 S Lake Leelanau Dr, TC  
231-252-3079

**\$\$\$ Firefly**  
310 S Cass St, TC  
231-932-1310

**\$ Fireside Subs**  
3664 US 31 S, TC  
231-421-8236

**\$ Flap Jack Shack**  
3980 US 31 S, TC  
231-941-1890

**\$\$ The Flying Noodle**  
136 E Front St, TC  
231-943-1178

**Firebird Pizza**  
831 S Garfield Ave, TC  
231-421-1124

**\$\$ Food Arabia**  
Grand Traverse Mall  
929-346-2210

**\$ Francisco's Market & Deli**  
2770 Silver Lake Rd, TC  
231-932-7102



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Sun 11am - 9pm





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Market  
& Wine Shop**

\$ Frenchies Famous  
619 Randolph St, TC  
231-944-1228

\$\$ Fresh Take Café  
141 E Front St, TC  
231-944-1145

\$\$ Frida's Mexican Restaurant  
3200 South Airport Rd W, TC  
231-922-2591

\$\$\$ Fuji Sushi & Steakhouse  
2576 Crossing Circle, TC  
231-642-8337

\$ Fu Hua Chinese  
742 Munson Ave, TC  
231-933-4858

\$\$ Gemini Sandwich Co.  
346 E Front St, TC

\$ Glendale Burger Shop  
13692 S West Bay Shore Dr, TC  
231-252-4200

\$ Grand Traverse Pie Co.  
101 N Park St, TC  
231-933-3972

525 W Front St, TC  
231-922-7437

\$\$\$ H&L Social  
263 West Grandview Parkway, TC  
231-932-0500

\$\$ Habibi Middle Eastern Coney & Curry  
720 Munson Ave (Suite A), TC  
231-421-3835

\$\$ Harrington's By The Bay  
13890 S W Bayshore Dr, TC  
231-421-9393

\$\$\$ Hayloft Inn  
5096 E Traverse Hwy, TC  
231-941-0832

\$ Hexenbelle  
144 Hall St #107, TC  
231-486-6128



**Dreloco Taco**

\$ HOMES Remedy Food Co.  
2062 S Airport Rd, TC  
231-252-3576

\$ Honey Baked Ham  
815 S Garfield Ave, TC  
231-935-4267

**\$\$ HOPSCOTCH BRICK OVEN  
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231-252-4718  
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[hopscotchbrickovenmi.com](http://hopscotchbrickovenmi.com)

\$\$ Hunan  
1425 S Airport Rd, TC  
231-947-1388

\$ Hungry Howie's Pizza & Subs  
1112 E Front St, TC

\$ Identity Brewing Company  
108 S Union, TC  
231-932-2233

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110 Munson Ave, TC  
231-421-1379



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\$\$ Jolly Pumpkin  
13512 Peninsula Dr, TC  
231-223-4333

\$ J & S Hamburg  
302 W Front St, TC  
231-947-5500

1083 S Airport Rd, TC  
231-941-8844

\$ Kilkenny's Irish Pub  
400 W Front St, TC  
231-932-9888

\$\$ The Kitchen  
1249 Woodmere Ave, TC  
231-947-8646

\$\$ LaSenorita  
2455 N US 31, TC  
231-946-4545

\$ Lil Bo  
540 W Front St, TC  
231-421-3100



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**Culver's**

Expires 03/01/2025 Reproductions of this coupon are not accepted.

**Shown: 2-Scoop Dish with Raspberries**  
Based on purchase at regular menu price. Please no substitutions. Not valid with any other offer. Value 1/200 cent. Limit one coupon per person per visit. Valid only at participating Culver's® restaurants.

\$ Little Fleet  
448 E Front St, TC  
231-943-1116

\$\$ Lobdell's - Teaching Restaurant  
715 E Front St, TC  
231-995-3120

\$ Loco Boys Brewing Company  
901 W Front St, TC  
231-252-2378

\$\$ Mahoney's Spirits & Edibles  
542 W Front St, TC  
231-947-6779

\$ Make Believe Pizza  
912 W Front St, TC

\$ Mama Lu's  
149 E Front St, TC  
231-943-2793

\$ Mana Café  
800 Cottage View Dr, TC  
231-941-6648

\$ Marco's Pizza  
916 US-31, TC  
231-600-7800

\$ Morsels  
321 E Front St, TC  
231-421-1353

\$\$ Mulligan's Pub & Grill  
2430 W Crown Dr, TC  
231-932-2166

\$ Nico's Pizza & Grinders  
13160 S West Bay Shore Dr, TC  
231-252-4161

Noble Roman's Pizza  
1338 W South Airport Rd, TC  
231-631-3815

\$ NoBo Riverside Food & Drink  
414 E Eighth St, TC  
231-590-5074

\$\$ North Bar  
160 E Front St, TC  
231-421-1016

\$\$ North Peak Brewing Co.  
400 W Front St, TC  
231-941-PEAK

\$ Oakwood Proper Burgers  
1108 E Eighth St, TC  
231-253-1513

\$\$ Old Mission Tavern  
17015 Center Rd, TC  
231-223-7280

\$\$ Olive Garden  
2800 N US 31 S, TC  
231-941-1859

\$ Omelette Shoppe & Bakery  
124 S Cass St, TC  
231-946-0932

216 Munson Ave, TC  
231-946-6493

**\$ OSORIO TACOS & SALSAS**  
6037 US 31 N, Williamsburg  
231-938-9144

*Located at the intersection of US 31N and M72E. Family owned Mexican Restaurant. Authentic home-made from scratch using only fresh ingredients and the Abuela's Recipes! Bursting with traditional flavors. Osorio's Salsa sold in larger containers at local stores too. Made to order. [osoriotacosysalsas.com](http://osoriotacosysalsas.com)*

\$ Outpost TC  
108 E Front St, TC  
231-946-2739

\$\$ Outback Steakhouse  
3501 Market Place Circle, TC  
231-935-4329

Paddock Lounge  
1212 W South Airport Rd, TC  
231-385-0420

### \$\$-\$\$\$ MARGARITA'S GRILL

1796 Garfield Ave, TC  
231-252-2373

*Authentic Mexican recipes and flavors from the heart of Mexico. Wonderful atmosphere with romantic seating available. Beautifully hand-stitched seating symbolizes the heart of the Mexican people. Open M-Th 11-10; F-S, 11-10:30, Sun 11-9.*

**HAPPY HOUR: Mon-Fri 3PM-7PM**

\$\$ McGee's 72 Irish Restaurant & Pub  
4341 M72 East, Acme  
231-421-8800

\$\$\$ Minerva's Restaurant & Bar  
300 E State St, TC  
231-946-5093

\$ Ming's Garden  
531 W 14th St, TC  
231-932-0488

\$\$ Mission Table  
13512 Peninsula Dr, TC  
231-223-4222

\$\$ Mode's Bum Steer  
125 E State St, TC  
231-947-9832

\$\$\$ Modern Bird  
541 W Front St, TC  
231-421-5046

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京 華

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231-941-5844  
[www.tcchinafair.com](http://www.tcchinafair.com)

Buffet • Dining • To Go • Bar





\$ Paesano's Pizza  
447 E Front St, TC  
231-941-5740

\$\$ Panda North  
2038 S Airport Rd W, TC  
231-929-9722

\$ Pangea's Pizza Pub  
135 E Front St, TC  
231-946-9800

\$ Park Street Café  
113 N Park St, TC  
231-421-1747

\$\$ ParkShore Lounge  
1401 US 31 N, TC  
231-947-3800

\$ Peegeo's  
525 High Lake Rd, TC  
231-735-8611

\$\$ Peninsula Grill  
14091 Center Rd, TC  
231-223-7200

\$\$ PepeNero  
800 Cottage View Dr, TC  
231-929-1960

\$\$-\$\$ Playa Bowls  
222 E State St, Traverse City  
231-642-5014

\$\$\$ Poppycocks  
128 E Front St, TC  
231-941-7632

\$ Raduno  
545 E Eighth St, TC  
231-421-1218

\$ Randy's Diner  
1120 Carver St, TC  
231-946-0789

\$\$ Rare Bird Brewery & Taproom  
229 Lake Ave, TC  
231-944-1733

\$\$\$ Red Ginger  
237 E Front St, TC  
231-933-8741

\$\$ Red Mesa Grill  
1544 N US 31 N, TC  
231-421-5711

**\$\$ RED SPIRE BRUNCH HOUSE**  
800 Cottage View Drive, TC  
231-252-4648  
*Red Spire Brunch House offers classic*

*food prepared with elegant simplicity. Choose from classic egg dishes, unique and traditional Benedicts, fresh salads, baked goods, and delicious sandwiches. If you are looking for breakfast, lunch, or brunch, we have you covered all day!*  
[redspirebrunchhouse.com](http://redspirebrunchhouse.com)

\$\$ Reflect Bistro  
255 Munson Ave, TC  
231-778-9000

\$ Rolling Farms Café  
4000 Eastern Skyway Dr, TC  
231-941-4124

\$ Round's Restaurant  
1033 E Eighth St, TC  
231-941-4124

\$\$ S 2 S Sugar 2 Salt  
1371 Gray Dr, TC  
231-492-4616

\$ Sassy Sandwich  
400 Eastern Skyway Dr, TC  
231-929-1971

\$\$ Seasons Buffet - Turtle Creek  
7741 M-72 E, Williamsburg (Acme)  
800-922-2946

\$\$ Slabtown Burger  
826 W Front St, TC  
231-947-9213

\$\$ Sleder's Tavern  
717 Randolph St, TC  
231-922-5935

\$\$\$-\$\$\$ Smoke & Porter  
1752 US -31, TC  
231-409-1587

\$ Spanglish  
1333 Yellow Dr, TC  
231-943-1453

\$\$ Sparks BBQ  
201 E Front St, TC  
231-633-7800

\$ Sparky's Diner & Taqueria  
TC Latino  
1462 W South Airport Rd, TC  
231-933-8005

\$\$\$ Sorellina  
250 E Front St, TC  
231-947-8899

Steve's Smokin' BBQ  
831 S Garfield Ave, TC  
231-421-1048



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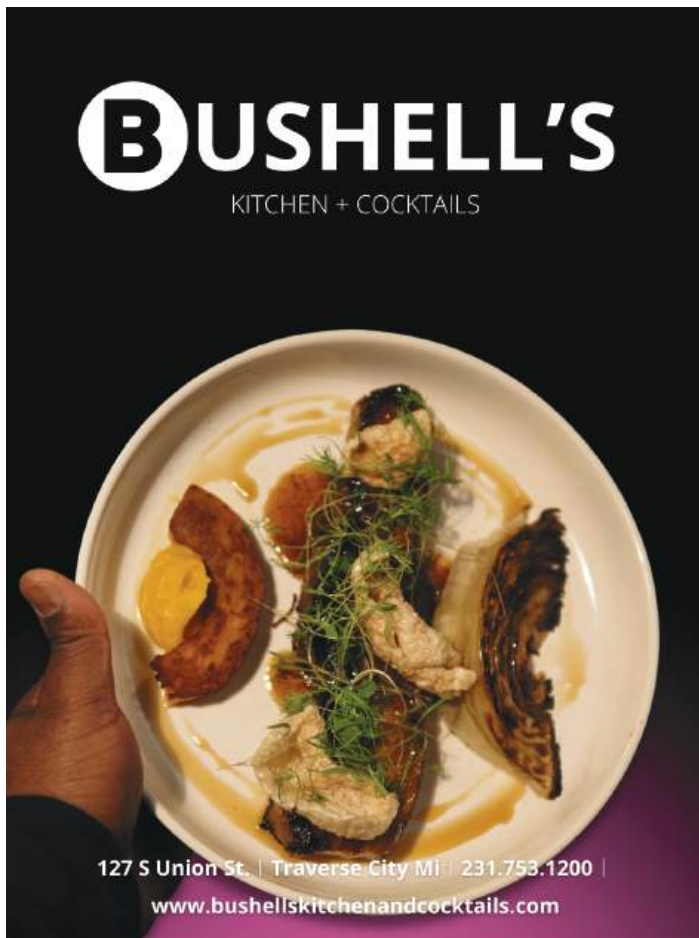


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Extensive Whiskey List**

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231.252.4718  
[HopscotchBrickOvenMI.com](http://HopscotchBrickOvenMI.com)



Some establishments may be seasonal or have limited hours.



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KITCHEN + COCKTAILS

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www.bushellskitchenandcocktails.com



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1201 E Front St.  
Traverse City  
(231) 715-1188

\$\$ T-Bar Restaurant & Lounge  
Mt. Holiday, 3100 Holiday Rd, TC  
231-938-2500

\$\$ TapRoot Cider House  
300 E Front St, TC  
231-943-2500

Taquiera Las Lagunas  
1752 S Garfield Ave, TC  
231-943-1101

\$\$ Taste of India  
3200 W South Airport Rd, TC  
929-346-2200

\$\$\$ Tasting Room, The  
155 Garland St, TC  
231-555-0525

\$\$ TC BBQ Warehouse  
Kitchen + Cork  
263 Grandview Pkwy, TC

\$\$ TC BBQ  
329 E State St, TC  
231-943-1606

\$ TC Mexican & TC Italian  
1752 S Garfield, TC  
231-631-8189

\$\$ TC Vietnamese Pho-Boba  
718 Munson Ave, TC

\$ Thai Café  
Campus Plaza, TC  
231-938-2983

\$ Thai Kitchens  
1133 S Airport, TC  
231-642-5404

\$ That'sa Pizza  
5430 US 31 N, Acme  
231-922-8550

1110 E Hammond Rd, TC  
231-947-1888

3860 N Long Lake Rd, TC  
231-932-2233

\$\$ The Good Bowl  
328 E Front St, TC  
231-252-2662

\$\$ The Parlor Cocktail Lounge  
205 Lake Ave, TC  
248-821-6926

\$\$ Thirsty Fish Sports Grille  
221 E State St, TC  
231-421-1165

\$ Tiki Pineapple  
1218 S Garfield Ave, TC  
231-421-3868

5750 US 31 N, Acme

\$\$ Towne Plaza  
203 Cass St, TC  
231-929-0900

\$\$\$ Trattoria Stella  
1200 W 11th St, TC  
231-929-8989

\$\$ Tropical Smoothie Café  
718 Munson Ave, TC  
231-938-6050

3664 N US 31 S, TC  
231-352-0335

\$\$ Turtle Creek Casino  
7741 M 72 E, Williamsburg  
231-922-7795

\$\$\$ Two Sons Pizza  
346 E Front S, TC

\$ U & I Lounge  
214 E Front St, TC  
231-941-5038

**\$ WARES BROS.**  
1409 W South Airport Rd, TC  
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*Turtle sundaes, ice cream, specialty  
dogs, house-made sandwiches.  
A Traverse City tradition  
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waresbrosfrostytreat/*

\$ Water Bearer Coffee  
144 Hall St, TC

\$\$\$ West End Tavern  
12719 SW Bay Shore Dr, TC  
231-943-2922

\$ West Side Beverage  
912 W Front St, TC  
231-947-9312

\$ Willie's Rear  
1315 S Airport Rd W, TC  
231-929-9474

\$ Workshop Brewing  
221 Garland St, TC  
231-421-8977

\$ Yihi Japan  
3200 W South Airport Rd, TC

**FARM MARKETS**  
Gallagher's Farm Market and  
Bakery  
7237 E Traverse Hwy, TC  
231-947-1689

Jacob's Farm  
7100 E Traverse Hwy (M72W), TC  
231-632-6293



## BAKERIES, DESSERTS & SWEETS

### \$ MILK AND HONEY CAFÉ AND ICE CREAMERY

240 E Front St, TC

231-944-1036

*Enjoy local, natural, organic and GMO free ingredients.*

*They love to make really good quality delicious food*

*by hand. All of their ice cream is made in-house*

*with no corn syrup. Open 11AM-9PM Mon – Sat.*

[milkandhoneytc.com](http://milkandhoneytc.com)

## SPECIALTY MARKETS, COUNTERS & DELIS

### FOLGARELLI'S MARKET & WINE SHOP

24 W Front St, TC

231-941-7651

*Deli and Specialty Market offering meats and chosen*

*cheeses from around the world. Plus, sandwiches and*

*hand-picked wines. M-F 9:30 AM-6:30 PM; Sat 9:30*

*AM-5:30 PM. [folgarellis.net](http://folgarellis.net)*

### ORYANA COMMUNITY CO-OP

260 East Tenth St, in town, TC

3587 Marketplace Circle, west side, TC

*Visit either of our two locations for a delicious meal*

*made with love and local flavor! Vegan and wheat-free*

*options available.*

## TEA & COFFEE

### THE DAILY GRIND

711 Boyd St, TC

*Off the TART trail behind Brick Wheels*

## CIDERIES

### LEFT FOOT CHARLEY

806 Red Dr, TC

231-995-0500

*In lieu of the single estate model, LFC uses a collection*

*of grape and apple growers found throughout Northern*

*Michigan and dedicated to growing fruit for their wine*

*and cider. Located in an urban setting at The Village of*

*GT Commons. [www.leftfootcharley.com](http://www.leftfootcharley.com)*

## WINERIES

### LEFT FOOT CHARLEY BARREL ROOM

1400 Yellow Dr, TC

231-995-0500

*In addition to their tasting room, the Barrel Room*

*offers one-of-a-kind enhanced wine tasting experiences*

*and they are available for special events. Let their*

*passionate, knowledgeable staff help you unwind*

*among barrels in this historic TC State Hospital root*

*cellar. [www.leftfootcharley.com](http://www.leftfootcharley.com)*

## SPECIALTY-WELLNESS

### EDSON FARMS NATURAL FOODS

835 S Garfield Ave, TC

231-941-5221

*Specializing in wellness and meeting your dietary needs.*

*You'll find healthy supplements, collagen, CBD, essential*

*oils, elderberry syrup, bone broth and skin products, too.*

*Full market; lunch and smoothie counter. Grab and go, or*

*indoor and outdoor seating. [edsonfarms.com](http://edsonfarms.com)*



BY JULIE FORD

Owners: Kelci and Andre Bushell

After several years of restaurant success in Northern Michigan, Andre Bushell has opened Bushell's Kitchen + Cocktails at 127 South Union Street in Traverse City. Honoring his grandparents and African heritage, Bushell's latest menu features the soul food of his childhood.

"The restaurant is to pay homage to that happy time in my life," Bushell says. "The menu highlights some of the things I have grown up with and been exposed to."

Originally from Flint, Bushell says his customers go crazy for the menu items you can taste the love in. The menu features collard greens with braised ham hock, garlic and onions, the jerk beef with beef cheeks glazed in braising liquid, stewed onions, sweet potato puree, and baechu kimchi. He is especially proud of the flavor bomb pork dish featuring braised pork belly, smooth grits, scapes, and sweet pepper relish.

"We built the menu to be very neutral-loving and the spices are very familiar, but they are used in an interesting way that balances very well," Bushell says.

Bushell first learned the basics of running a restaurant while working through the ranks at his grandmother's friend's four McDonald's stores. Another entrepreneur who owned 45 chicken restaurants taught him even more. When he moved to Northern Michigan, he landed a corporate job where he met Loren Akerman. The two took the leap to open a franchise together and, after two years, opened Foundry Craft Grillery in East Jordan in 2019. They then added a partner, Adam Earle, and opened Foundry Craft Grillery in Elk Rapids in 2023, Dreloco Taco in Traverse City in 2024, and – Andre's latest labor of love – Bushell's Kitchen + Cocktails in Traverse City.

"None of this would be possible without my wife, Kelci; Loren and his wife, Leah; and Adam and his wife, Nichole; plus all of the people who work for us," Bushell says. "They help create the cultures in our businesses, and without them, we can't be movers and shakers."

For Bushell, who works long hours and speaks modestly about his success, he says having this opportunity to provide jobs year-round, and to live and work close to the water in Northern Michigan makes it all worth it. He loves the area and knows it is a wonderful place to raise a family. □

## SW-S Grand Traverse County

Buckley, Fife Lake, Grawn, Interlochen, Kingsley, Mayfield

### DINING

**\$ A. Papano's Pizza**  
9672 US Hwy 31, Interlochen  
231-275-9300

**\$ Bones BBQ**  
6950 Jackson Pine Dr, Kingsley  
231-218-9364

**\$\$ Bradley's Pub and Grille**  
10586 US 31, Interlochen  
231-275-7311

#### **\$ BUD'S**

3061 M137, Interlochen  
231-276-9090

*Enjoy our cozy atmosphere and fireplace. We offer breakfast and lunch foods, gifts, organic coffee, espresso, tea, ice cream, homemade baked goods, donuts made daily, and more. Open every day. Hours vary. [budsmi.com](http://budsmi.com)*

**\$ Crusted Creations**  
4025 Chums Village Dr, TC  
231-943-3113

**\$ Dilbert's**  
11303 US Hwy 31, Interlochen  
231-275-3005

**\$\$ Fife Lake Inn**  
203 E State St, Fife Lake  
231-879-4441

**\$\$ Hofbrau Bar & Grill**  
2784 M 37, Interlochen  
231-276-6979

**\$\$ Hofbrau**  
211 E Main St, Kingsley  
231-263-8120

**\$ Karlin Inn**  
7484 Karlin Rd, Interlochen  
231-263-7995

**\$\$ KI Bar & Grill**  
211 E Main St, Kingsley  
231-263-8120

**\$ Loon's Nest, The**  
115 E State St, Fife Lake

**\$ Mancino's Pizza & Grinders**  
841 US 31 S, TC  
231-943-4844

**\$ Mayfield Country Store**  
4044 S Garfield Rd, Mayfield  
231-263-1000

**\$\$ Oaky's Tavern & Restaurant**  
9205 US 31, Grawn  
231-276-6244

**\$ A. Papano's Pizza**  
120 S Brownson Ave, Kingsley  
231-263-1400

**\$ Papa John's Pizza**  
2377 M-113, Kingsley  
231-421-7222

**\$ Rico's Café & Pizzeria**  
5790 US 31 S, Grawn  
231-276-2233

**\$\$ Samsara**  
4025 Chums Village Dr, Ste D, TC  
231-486-6155

**\$\$\$ The Local's Place**  
273 US-31 South  
231-421-5055

**The Village Café & Ice Cream Shop**  
111 S Brownson Ave, Kingsley

**\$ Upper Bar & Grill**  
108 E State St, Fife Lake  
231-879-4423

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Dine-In, Carry out, Catering

# CASA NUEVA

Family Owned Authentic Mexican Grill



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Across from Dollar General | [oldmexico7983@gmail.com](mailto:oldmexico7983@gmail.com)



# Kalkaska County

Kalkaska, South Boardman



Casa Nueva

## DINING

### \$ B C Pizza

604 N Cedar St, Kalkaska  
231-258-8100

### \$ Big Boy Restaurant

660 S Cedar St, Kalkaska  
231-258-8651

### \$ CASA NUEVA

7983 US 131 NE

Mancelona

Across from Dollar General

Family owned Authentic Mexican  
Grill, Dine-In, Carry out, Catering.

### \$ G's Pizzeria & Deli

502 N Cedar St, Kalkaska  
231-258-5556

### \$ Indo-China Garden

537 S Cedar St, Kalkaska  
231-258-6000

### \$\$ Moose & Stella's Cafe

203 S Cedar St, Kalkaska  
231-258-9778

### \$ Nico's Pizza & Grinders

606 N Cedar St, Kalkaska  
231-258-4045

### \$ Ole Soul Bar and Grill

4556 County Rd 571 NE  
Kalkaska  
231-384-6334

### \$ Shirley's In the Woods

10945 M 72 SE, Kalkaska  
231-258-7955

### \$\$ Trout Town Tavern & Eatery

306 Elm St, Kalkaska  
231-258-2701

### \$\$ TWIN BIRCH CLUBHOUSE RESTAURANT

1030 County Rd 612, Kalkaska  
231-258-9691

Indulge in handcrafted food, craft beer,  
wine, and cocktails at our restaurant.

Enjoy outdoor seating, live music,  
hiking and biking trails, and a cozy  
fire pit. Located in gorgeous Kalkaska.

[twinbirchgolf.com](http://twinbirchgolf.com)

### \$ Up North Eatery

US 131, Kalkaska  
231-258-2074

### \$\$ Yankee Boy

5026 US 131, South Boardman  
231-369-2821



Twin Birch  
Clubhouse Restaurant

## TWIN BIRCH RESTAURANT

*Located at the  
Twin Birch Golf Course  
in gorgeous Kalkaska!*

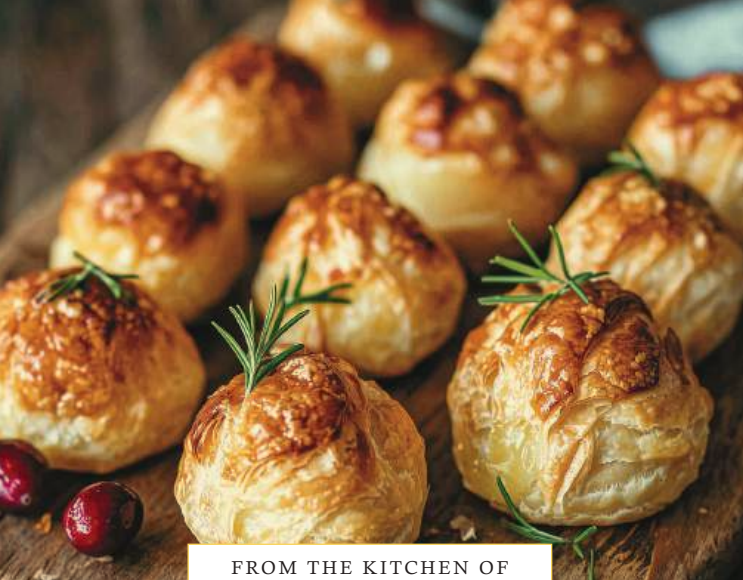
Indulge in handcrafted food, craft beer, wine, and  
cocktails at our restaurant. Enjoy outdoor seating,  
live music, hiking, biking trails and a cozy fire pit.

### OPEN YEAR ROUND

1030 County Rd. 612  
Kalkaska, MI 49646  
231-258-9691

[TwinBirchGolf.com](http://TwinBirchGolf.com)





FROM THE KITCHEN OF  
BARB CROGHAN

## Apricot Baked Brie

- 1/2 pkg frozen puff pastry sheets, thawed
- 1/4 cup apricot jam
- 1 8 oz Brie cheese rounds
- 1 egg, beaten
- Crackers and apple slices for serving (optional)

*This recipe may be made as individual servings OR one dish that everyone shares.*

1. Roll out puff pastry on lightly floured surface and cut into 4" rounds OR one large circle trimming corners.
2. Put a dollop of jam in center of each circle and a 1" piece of Brie on top OR 1/4 cup of jam in center of large circle and an entire 8" round of Brie on top.
3. Brush egg around edges of puff pastry and wrap around the cheese and jam to seal.
4. Bake at 400 degrees for 30-35 minutes until golden brown. You may serve with sprigs of rosemary and fruit for a festive occasion.

Note: You may substitute apricot jam for cherry or raspberry jam if you wish. If you make an 8 oz wheel of Brie, you will want crackers and apple slices for serving.

Some establishments may be seasonal or have limited hours.

## East Antrim County

Alden, Bellaire, Central Lake, Ellsworth (East of US 31),  
Rapid City (East of the Torch River Bridge)

### DINING

**\$-\$ Antrim Dells and Sunset Bar & Grill**  
12352 Antrim Dr, Ellsworth  
231-599-2679

**\$ B & J Spirits & Deli**  
7957 W Old State Rd, Central Lake  
231-544-9860

**\$ Bellaire Bar & Restaurant**  
217 N Bridge St, Bellaire  
231-533-6536

**\$ Bellaire Lanes and Games**  
4800 S M88 Hwy, Bellaire  
231-350-7373

### **\$-\$-\$ BLUEWATER BISTRO & PIZZERIA**

11921 SE Torch Lake Dr, Alden  
231-331-6262  
*Come visit the Blue Water Bistro & Pizzeria located by the South End of Torch Lake in Alden, MI! Great food and service is our specialty, call 231-331-6262 to inquire more.*  
[facebook.com/torchlakepizza/](https://facebook.com/torchlakepizza/)

**\$\$ Centennial Golf Club**  
3388 W Eddy School Rd, Bellaire  
231-533-6886

### **\$\$-\$-\$ CHLOE'S CHOP HOUSE**

213 N Bridge St, Bellaire  
231-350-8986  
*Specializing in exquisite steaks and craft cocktails with a diverse menu and elegant casual dining. Wed-Mon 11am-10pm. See ad on this page.*  
[www.chloeschophouse.com](http://www.chloeschophouse.com)

### **\$\$-\$-\$ CORNER BISTRO**

102 N Bridge St, Bellaire  
231-409-7088  
*Great Food! Great Service! Only quality ingredients! European sizing served in an upscale, casual atmosphere.*

**\$ Dockside Torch Lake**  
6340 Old Torch Lake Dr, Bellaire  
231-377-7777

*Experience our commitment  
to quality with our extensive menu  
and our excellent service*



Serving Brunch Friday, Saturday & Sunday  
Make Dinner Reservations Online or Via Text

**CHLOE'S**  
*Chop House*

Casual Elegance  
Dining, Bar & Outdoor Seating

213 North Bridge St.  
Bellaire, MI 49615  
(231) 350-8986

[ChloesChopHouse.com](http://ChloesChopHouse.com)

Open Mon - Thurs 4pm - 9pm  
Fri - Sun 10am - 9pm





#### **\$ FRONT PORCH CAFE**

9235 Main St, Ellsworth  
231-588-2000

*This "pay as you can" restaurant is a non-profit 501(c)(3). "Nourishing Community" has been their commitment since their Cd in 2008. They are grateful for the generosity of those who enter their doors, their staff and volunteers. Open for breakfast and lunch T-F 7AM-2PM, Sat 7AM-Noon. [facebook.com/frontporchellsworth/](https://www.facebook.com/frontporchellsworth/)*

**\$ Iron Skillet**  
524 S Williams St, Mancelona  
231-587-9778

**\$\$ Ivan's**  
Ski only Mountainside Rd  
1826 Schuss Mtn Lane, Bellaire

**\$\$\$ Lakeview**  
5780 Shanty Creek Rd, Bellaire  
855-901-0002

**\$ Lunch Box**  
106 E Cayuga, Bellaire  
231-533-6678

**\$\$ Pelican's Inn**  
2535 N Main St, Central Lake  
231-544-2583

**\$ Pelican's Nest at The Chief Golf Course**  
5085 Shanty Creek Rd, Bellaire  
231-533-9000

**\$\$ River Bistro**  
2400 Troon Dr S, Bellaire  
231-533-3000

**\$\$\$ Rowe Inn**  
6303 E Jordan Rd, Ellsworth  
231-588-7351

**\$ Ruthie's Chicken & Dairy Twist**  
201 N Bridge St, Bellaire  
231-533-8538

**\$\$ Sarducci's Creekside Italian**  
5820 Shanty Creek Rd, Bellaire  
231-533-7080

**\$\$ Shanty Bar & Grille**  
5820 Shanty Creek Rd, Bellaire  
231-533-7080

**\$ Shirley's Café**  
528 S Williams St, Mancelona  
231-587-1210

**\$ Short's Brewing Company**  
121 N Bridge St, Bellaire  
231-498-2300

**\$\$ Toonie's Restaurant & Bar**  
216 N Bridge St, Bellaire  
231-533-8513

**\$\$-\$\$ Torch Lake Beer Company**  
9147 Helena Rd, Alden

**\$\$-\$\$ Torch Lake Pizza**  
11921 SE Torch Lake Dr, Alden  
231-331-6262

**\$ Touch of Class**  
2379 S Main St, Central Lake  
231-544-2400

#### **BAKERIES, DESSERTS & SWEETS**

**\$ Ruthann's Gourmet Bakery & Coffeehouse**  
105 N Bridge St, Bellaire  
231-350-7010

#### **SPECIALTY MARKETS, COUNTERS & DELIS**

**Alden's Mill House**  
10489 S East Torch Lake Dr, Alden  
231-331-4711

#### **TEA & COFFEE**

**M88 MORNING GRIND**  
614 E Cayuga St, Bellaire  
231-350-7011  
*Coffee shop and cafe with a friendly and comfortable atmosphere. Offering specialty coffee drinks, breakfast, pastries, and more. Eat in or grab and go. [m88morninggrind.com](https://www.m88morninggrind.com)*



FROM ANNIE STADEL, CO-PUBLISHER

## White Bean Pot Pie

- 1/8 cup olive oil
- 1 cup sweet onion, chopped
- 1 cup yellow or red sweet peppers, chopped
- 1 cup carrot, chopped
- 1/2 cup celery, chopped
- 1 cup yellow potato, chopped
- 2 cloves garlic, minced
- 1/3 cup all-purpose flour
- 2 cups vegetable broth
- 1 15-oz can cannellini, rinsed
- 1 15-oz can butter beans, rinsed
- 1/4 cup sundried tomatoes (not in oil), chopped
- 1 Tbsp white wine vinegar
- 1/2 tsp seafood seasoning (like Old Bay brand)
- 1/4 tsp cayenne pepper
- 1/2 tsp dried thyme
- 2 cups fresh baby spinach
- 8 drop biscuits dough
- Salt to taste

Preheat oven to 400°F.

1. Heat oil in a large pot with a lid. Add carrots and onion and cook 3-5 minutes. Add peppers, potato, and celery and cook another 5 minutes just until tender. Add garlic and cook for 2 more minutes.
2. Stir in flour and cook for 1 minute. Stir broth into mixture until smooth and cook until bubbly and thickened.
3. Stir in remaining ingredients (except spinach) and heat thoroughly. Add spinach last and heat until spinach is wilted.
4. Pour bean and veggie mixture into a pie dish.
5. Arrange eight biscuits (cut or drop) on top of mixture in pie plate.
6. Bake for 25-30 minutes until filling is bubbly and biscuits are browned.

Serves 8.



## WINTER BEVERAGES

### Cranberry Gin Cocktail

[hopscotchbrickovenmi.com](http://hopscotchbrickovenmi.com)

- 1 ½ oz Gin
- 3 oz Cranberry Juice
- ¾ oz Fresh Lemon Juice
- ½ oz Rosemary Simple Syrup

Add all ingredients in a shaker with ice, shake and strain over a large cranberry-filled ice cube and top with ginger beer.

See ad page 37



### Toasted Bliss

[foundrycraftgrillery.com](http://foundrycraftgrillery.com)

- 1 ½ oz Elijah Craig Small Batch Bourbon
- 1 oz Villon
- ½ oz Maple Syrup
- Ginger Beer

In a shaker, add all ingredients with a scoop of ice except ginger beer. Shake well until cold. Pour into high ball. Top with ginger beer. Garnish with toasted marshmallow.

See ad page 45



### Espresso Martini

[twinbirchgolf.com](http://twinbirchgolf.com)

- 2 oz Vodka
- ½ oz Kahlua
- 1 oz Espresso
- 1 oz Great Lakes Coffee
- ¼ oz Simple Syrup
- Coffee Beans

See ad page 41



TWIN BIRCH

### Smoke N Mirrors

[bushellskitchenandcocktails.com](http://bushellskitchenandcocktails.com)

- 1 ½ oz Choice of Gin
- ¾ oz Agave Nectar
- 1 oz Pomegranate Simple Syrup
- 1 Egg White
- 1 Fresh Rosemary Sprig
- 1 oz Lime Juice
- Smoke Finish for Added Depth

Garnish with fresh/dehydrated lime.

See ad page 38

**BUSHELL'S**  
KITCHEN + COCKTAILS



## West Antrim County

Atwood, Eastport, Elk Rapids, Ellsworth (West of US 31), Kewadin, Rapid City (West of the Torch River Bridge)



### DINING

**\$ A-Ga-Ming Golf Resort**  
627 A-Ga-Ming Dr, Elk Rapids  
877-492-3260

**\$ Ames Street Café**  
145 Ames S, Elk Rapids  
231-498-2190

**\$ Chang Express**  
114 River St, Elk Rapids  
231-264-9140

**\$ Chef Chuck's**  
147 River St, Elk Rapids  
231-264-8901

**\$ Dam Shop, The**  
118 Bridge St, Elk Rapids  
231-498-5855

### **\$\$ FOUNDRY CRAFT GRILLERY**

151 River St, Elk Rapids  
231-352-3601  
*A rebellious hideout dishing out DAMMM GOOD handcrafted eats and daring cocktails, fueling the fire with locally sourced ingredients for a fiercely unforgettable dining experience.*  
[foundrycraftgrillery.com](http://foundrycraftgrillery.com)

### **\$ FRISKE FARM MARKET**

10743 US 31 N, Atwood  
231-599-2604  
*Friske Farm Market is where family traditions are made! Stop in today and visit our cafe for our mouth-watering brick oven pizza and sandwiches, enjoy the goodies from our scratch bakery, fresh farm grown fruits and veggies in our fruit stand and don't miss all the made-in-house and specialty food products in our general store! Open Mon-Sat.*  
[www.friske.com](http://www.friske.com)

**\$\$ Johnny's Torch Riviera**  
12590 SW Torch Lake Dr  
Rapid City  
231-322-4100

**\$ Oasis Red Bull Tavern**  
7204 Carin Hwy, Kewadin  
231-264-5821

**\$ Pine Hill Garden Café**  
886 US 31 N, Kewadin  
231-599-2824

**\$\$ Pearl's New Orleans Kitchen**  
617 Ames St, Elk Rapids  
231-264-0530

**\$ Providence Organic Farm Market & Café**  
5691 N M 88, Central Lake  
(1 Mile from US 31 on M-88)  
231-599-2020

**\$ River Street Market**  
127 River St, Elk Rapids  
231-264-9266

**\$\$ Riverwalk Grill and Taproom**  
106 Ames St, Elk Rapids  
231-264-0377

**\$\$ Torch Lake Café**  
4900 US 31 North, Eastport  
231-599-1111

**\$ Town Club**  
133 River St, Elk Rapids  
231-264-9913

### FARM MARKETS

**Farmer White's**  
11373 S US 31, Williamsburg  
231-632-1500

### **FRISKE FARM MARKET**

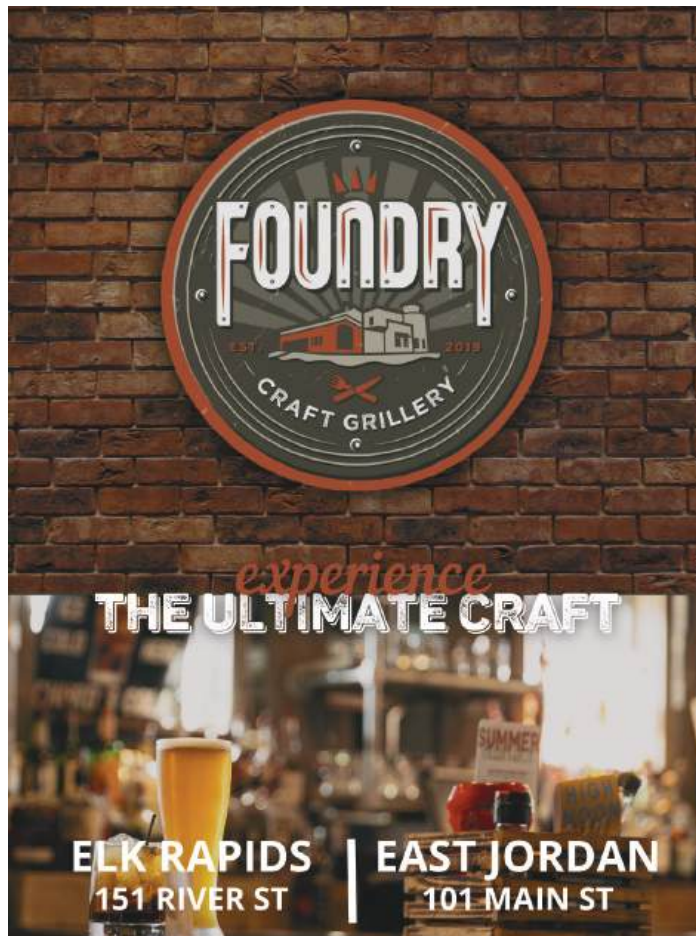
10743 US 31 N, Atwood  
231-599-2604

*Friske Farm Market is where family traditions are made! Stop in today and visit our fruit stand, cafe, from-scratch bakery, indoor/outdoor playgrounds, and shopping – all with easy access parking! Open Mon-Sat.*  
[www.friske.com](http://www.friske.com)

**Myrtle & Maude's**  
10937 Elk Lake Rd, Elk Rapids  
231-313-1051

### **ROYAL FARM MARKET**

10445 N US 31, Ellsworth  
231-599-3222  
*Royal Farms features a wine and hard cider tasting room, homemade bakery with pies, pastries, and traditional and unique pasties. Take home beautiful flowers from their greenhouse. Shipping for their cherry products and pies is available year round! [RoyalFarmsInc.com](http://RoyalFarmsInc.com). Find us on Facebook and Instagram at Royal Farms, Inc.*



# NEWCOMERS NEW FRIENDS NEW RECIPES

BY CANDIE CONAT

Are you looking for new ways to socialize and add to your circle of friends? After learning how one determined new resident met people after moving to Traverse City 38 years ago, the search was on for similar ways to do more than just “go out to dinner” with friends.

“When we first arrived in Traverse City in 1986, my husband and I didn’t know many people,” says *TBL* publisher Annie Stadel. “We decided to join the Newcomers Club and, even though I wasn’t used to cooking lovely meals at the time, we signed up for a gourmet group, where we met several other couples. In the end, those new friendships have been everlasting.”

Upon joining the Grand Traverse Newcomers Club ([GTNewcomers.org](http://GTNewcomers.org)), members are encouraged to search through activity groups encompassing a variety of interests. From books to gourmet dinners to cocktails, dinners out, breakfast meet-ups for men or women, lunch groups, hiking, biking, and so much more, there is truly something for everyone. If members can’t find what lights them up, they can start their own activity group.

The gourmet dinner group, for instance, meets once a month to prepare a meal together at one of the members’ home. On a rotating basis, the host plans the menu and assigns recipes to the other members. The host provides the wine and prepares the entree.



“It’s a wonderful way to have a great meal, try new foods, and build lasting friendships,” says one member.

A variation is to decide on a particular national, regional, or other food theme each month. It might be a color theme; a specific ingredient to be included in each course, such as chocolate or garlic or apples; recipes from a certain time period or devised by a famous chef. Each person or couple researches their own recipe and brings a prepared dish to the gathering. This way, the menu ends up being a complete – and delicious – surprise for all. After each member has hosted, the group meets up at a local restaurant for a meal out together.

After many online searches, it became pretty clear that, even today, there are few options for local in-person groups beyond the Grand Traverse Newcomers Club. One is Meetup.com and, regardless of how it sounds, this is NOT a dating site! The online and in-person event listing site offers many ways to connect, although only a few current events are listed for Northern Michigan. That said, the point is to jump in and create your own event. Start by inviting, say, four of your friends. Have each of the four friends select another someone to invite whom you do not know. It’s a great way to build a group. From there, plan your first monthly meal, and the fun begins! Who knows, it might be the start of some new life-long friendships. □



## East Leelanau Peninsula

Lake Leelanau, Northport, Omena, Suttons Bay

### DINING

**\$\$ Around The Corner Food & Fun**  
115 Waukazoo St, Northport  
231-386-1013

**\$ 45th Parallel Café**  
102 S Broadway, Suttons Bay  
231-271-2233

**\$\$ Bay Pizzeria**  
100 S Cedar St, Suttons Bay  
231-271-6445

**\$ 9 Beans Rows**  
9000 E Duck Lake Rd, Suttons Bay  
231-271-6658

**\$\$ Bistro Polaris**  
10844 Revold Rd, Suttons Bay  
231-944-1297

**\$\$ Boone's Prime Time Pub**  
102 N St Joseph St, Suttons Bay  
231-271-6688

**\$ Capital Dog**  
106 St Mary's St, Lake Leelanau  
231-994-2290

**\$\$ Corky's Beach Bistro**  
1338 N Pebble Beach, Suttons Bay  
231-271-2675

**\$ Dalzell Dairy**  
403 N St Joseph St, Suttons Bay  
269-788-2296

**\$ Dick's Pour House**  
103 W Phillip St, Lake Leelanau  
231-256-9912

**\$ Drive Thru Barbeque**  
108 Waukazoo, Northport  
231-386-5511

**Faro**  
107 W Nagonaba St, Northport  
231-386-1055

**\$\$ Fiddleheads**  
202 W Main, Lake Leelanau  
231-994-2121

**\$\$ Fischer's Happy Hour Tavern**  
M22 between Leland & Northport  
231-386-9923

**\$ Hive Coffee Co.**  
206 N St Joseph St, Suttons Bay

**\$ MUA Asian Cuisine**  
316 N St Joseph, Suttons Bay  
231-271-0202

**\$ Hearth & Vine Café**  
10844 E Revold Rd, Suttons Bay  
231-944-1297

**\$\$ Knot Just A Bar**  
5019 N W Bayshore Dr, Northport  
231-386-7393

**\$ Lylah's**  
99 West Fourth St, Suttons Bay  
231-866-4081

**\$\$\$\$ Martha's Leelanau Table**  
413 N St Joseph St, Suttons Bay  
231-271-2344

**\$ New Bohemian Café**  
110 Waukazoo St, Northport  
231-386-1034

**\$ Nittolo's Pizza**  
104 Main St, Lake Leelanau  
231-994-2400

**\$\$-\$\$\$ Nittolo's Seafood and Social**  
104 Main St, Lake Leelanau  
231-994-2400

**\$\$ North Country Kitchen and Bar**  
420 N St Joseph St, Suttons Bay  
231-271-5000

**\$\$ North End Pizzeria**  
112 W Nagonaba St, Northport  
231-386-7536

**\$\$ Northport Pub and Grille**  
116 S Waukazoo St, Northport  
231-386-1601

**\$ Roman Wheel Pizza & Subs**  
116 St Joseph, Suttons Bay  
231-271-4176

**\$ Stoney Point Pub**  
111 St Joseph, Suttons Bay  
231-271-1007

**\$ Streetside Grille**  
111 N St Joseph St, Suttons Bay  
231-866-4199

**\$\$-\$\$\$ The Garage Bar and Grill**  
108 Waukazoo St, Northport  
231-386-5511

**\$ Thunderbird Café**  
112 E Phillip St, Lake Leelanau  
231-994-2032

**\$ Vines & Wines Café**  
5046 S West Bayshore Dr  
Suttons Bay  
231-271-2221

**\$\$ VI Grille**  
201 N St Joseph St, Suttons Bay  
231-271-3300

**\$\$-\$\$\$ Wren**  
303 N St Joseph St, Suttons Bay  
231-271-1175

### SPECIALTY MARKETS, COUNTERS & DELIS

#### HANSEN FOODS

91 W Fourth St, Suttons Bay  
231-271-4280  
*Full market includes a deli and hot food counter and wine department. To-go sandwiches and salads too.*  
[hansenfoodsofsb.com](http://hansenfoodsofsb.com)

#### SUTTONS BAY TRADING COMPANY

310 N St Joseph St, Suttons Bay  
231-271-7423  
*Highest quality spices & spice blends, hot sauces, rice, beans and cooking supplies.* [suttonsbaytrading.com](http://suttonsbaytrading.com)

## West Leelanau County

Cedar, Empire, Glen Arbor, Glen Lake, Leland, Maple City

### DINING

**\$\$ Art's Tavern**  
6487 Western Ave, Glen Arbor  
231-334-3754

**\$\$\$\$ Blu**  
5705 S Lake St, Glen Arbor  
231-334-2530

**\$\$-\$\$ Blue Bird Restaurant & Tavern**  
102 River St, Leland  
231-256-9081

**\$\$ Bogey's 19th Hole**  
565 E Pearl St, Leland  
231-256-7504

**\$\$ Boone Docks**  
5858 Manitou View  
Glen Arbor  
231-334-6444

**\$\$-\$\$\$ Broomstack Kitchen & Taphouse**  
172 W Burdickville Rd  
Maple City  
231-228-8869

**\$\$-\$\$ Café Manitou**  
1 Woodridge Rd, Glen Arbor  
231-334-5216

**\$ Capital Dog**  
106 St. Mary's St, Lake Leelanau

**\$ Cavanaugh's Grocerant**  
Homestead Resort  
1 Wood Ridge Rd, Glen Arbor

**\$\$ Cedar Rustic Inn**  
8699 S Good Harbor Trail, Cedar  
231-228-2282

**\$\$ Cherry Public House**  
6026 S Lake St, Glen Arbor  
231-226-3033

**\$\$ Cove, The**  
1113 River St, Leland  
231-256-9834

**\$\$ Empire Village Inn**  
11601 S Lacore Rd (M22)  
Empire  
231-326-5101



FROM ANNIE STADEL, CO-PUBLISHER

## Maxim's Purple Purple Sweet Potato Lentil Soup

*This soup includes anti-inflammatory herbs and purple sweet potatoes – one of the healthiest foods grown. It's a terrific immune booster and is great for pain relief too.*

- 2 Tbsp olive oil
- 1/2 cup chopped onion
- 1 clove garlic
- 1 Tbsp fresh minced ginger
- 2 cups cubed purple sweet potato
- Salt & pepper – to taste
- 3 cups vegetable broth
- 3/4 cup coconut milk
- 1 cup lentils
- 2 Tbsp coconut aminos
- 1 Tbsp curry powder

Sauté onion in the oil for 3 minutes until soft. Add garlic and ginger and sauté for 2 minutes more.

Add potatoes, salt, pepper, broth, coconut milk and lentils. Bring to a boil and lower heat.

Add coconut aminos and curry powder and let simmer for 15 minutes or until tender. If the mixture is too thick, add more coconut milk.

Optional: You may blend with a hand blender if you prefer that texture.

Enjoy!

*Maxim Femer was our publisher's German exchange student in 2008-2009 and remains close with his host family.*

Some establishments may be seasonal or have limited hours.

\$ Foothills Cafe  
7097 S Dunns Farm Rd  
Maple City  
231-334-3495

\$\$\$ Funistrada  
4566 W MacFarlane Rd  
Maple City  
231-334-3555

\$ Gemma's Corner  
11601 S Lacore Rd (M22), Empire

\$\$ Good Harbor Grill  
6584 Western Ave, Glen Arbor  
231-334-3555

\$ Inn & Trail Gourmet  
6453 Western Ave, Glen Arbor  
231-835-2535

\$\$-\$\$ Joe's Friendly Tavern  
11015 W Front St, Empire  
231-326-5506

\$ L'Chayim Delicatessen  
6404 Western Ave, Glen Arbor  
231-835-2727

\$\$\$ La Becasse  
9001 S Dunn's Farm Rd  
Maple City  
231-334-3944

\$\$-\$\$\$ Little Traverse Inn  
Gastro Pub  
149 E Harbor Hwy, Maple City  
231-228-2560

\$ M22 Market & Deli  
497 E Harbor Hwy, Maple City  
231-228-6422

\$ Millie's Pizza and Ice Cream  
6281 Western Ave, Glen Arbor

\$\$\$ Nonna's Italian Ristorante  
The Homestead Resort  
Glen Arbor  
231-334-5222

\$ Peg Town Station  
8654 S Maple City Rd, Maple City  
231-228-6692

\$\$\$ Riverside Inn  
302 River St, Leland  
231-256-9971

\$ Tiffany's Café  
10213 W Front St, Empire  
231-835-2168

\$\$\$ Trattoria Funistrada  
4566 W McFarlane Rd  
Glen Arbor  
231-334-3900

\$ Trish's Dishes  
49653 Phillips, Leland  
231-994-2288

\$\$ Western Avenue Grill  
6410 Western Ave, Glen Arbor  
231-334-3362

\$\$ Whiskers  
Homestead Resort  
1 Wood Ridge Rd, Glen Arbor

## SPECIALTY MARKETS, COUNTERS & DELIS

**BUNTING'S CEDAR MARKET**  
9054 S Kasson St, Cedar  
231-228-7460  
*A friendly market with meats, deli, beer and local brews, wine, liquor and a full line of groceries and fresh produce. Homemade smoked meats from old world recipes are placed in the hot case every Fri, Sat, and Sun. Subs/sandwiches, wings, fresh salads and pizza to go. Only 10 min from Traverse City. [buntingscedarmkt.com](http://buntingscedarmkt.com)*

**GABE'S COUNTRY SMOKED MEATS**  
12963 S Maple City Rd  
Maple City  
231-228-7925  
*An owned and operated family market for the last 38 years, Gabe's uses only the highest quality U.S.D.A Prime meats. Their recipes are well kept family secrets that you will not find anywhere else.*





# Benzie County

Benzonia, Beulah, Elberta, Frankfort, Honor, Lake Ann, Thompsonville

## DINING

\$ A. Papano's Pizza  
334 Main St, Frankfort  
231-352-6700

13033 Cadillac Hwy  
Thompsonville  
231-378-4300

7803 Crystal Dr & US 31  
Beulah  
231-882-2300

\$ A & W Rootbeer  
21 Lake St, Frankfort

\$\$ Bella's Cafe  
313 Main St, Frankfort  
231-651-0895

\$\$\$ Birch and Maple  
727 Main St, Frankfort  
231-399-0399

\$\$ Cabbage Shed & Pub  
198 Frankfort Ave, Elberta  
231-352-9843

\$ Cherry Hut, The  
246 Michigan Ave, Beulah  
231-882-4431

\$\$ Cold Creek Inn Dining  
& Lodging  
S Benzie Blvd, Beulah  
231-882-5531

\$ Conundrum Café  
603 Frankfort Hwy, Elberta  
231-352-4611

\$\$\$ Crystal Mountain Resort  
12500 Crystal Mountain Dr  
Thompsonville

\$ Dinghy's Restaurant & Bar  
415 Main St, Frankfort  
231-352-4702

\$\$ Dos Arboles  
735 Main St, Frankfort  
231-399-0770

\$\$ Fallen Timbers  
13901 US31, Honor  
231-227-1124

\$ Frankz  
325 Main St, Frankfort  
231-399-0162

\$ Geno's Sports Bar & Grill  
14848 Thompson Ave  
Thompsonville  
231-378-2554

\$\$ Hotel Frankfort  
231 Main St, Frankfort  
231-352-8090

\$ Hungry Tummy  
226 S Benzie Blvd, Beulah  
231-882-5103

\$\$ Jim's Joint BBQ  
10914 US-31, Honor  
231-227-1227

\$ L'chayim Delicatessen  
318 Main St, Frankfort  
231-352-5220

274 S Benzie Blvd, Beulah  
231-882-5221

6404 Western Ave, Glen Arbor  
231-835-2727

\$ Laughing Horse Saloon  
15888 Lindy Rd, Thompsonville  
231-378-4876

\$ Lighthouse Café  
735 Frankfort Ave, Elberta  
231-352-5273

\$\$ Lucky Dog Bar & Grille  
223 S Benzie Blvd, Beulah  
231-383-4499

\$ Lumberjacks Bar & Grill  
10919 Main St, Honor  
231-325-2262

\$ Market Basket  
187 N Michigan Ave  
Beulah  
231-882-5041

\$\$ Manitou, The  
M-22, 4349 S Scenic Hwy  
Frankfort  
231-882-4761

\$ Mayfair Tavern  
515 Frankfort Ave, Elberta  
231-352-9136

\$\$ Mistwood Golf Course  
7568 Ole White Dr  
Lake Ann  
231-275-5500

Nautical Grill & Spirits  
231 Main St, Frankfort  
231-352-8090

\$\$\$ Old Town Grill and Tap  
411 Main St, Frankfort  
231-399-0162

\$ Orion's Pizza on the Platte  
14025 Honor Hwy, Beulah  
231-383-5787

\$ Papa J's Pizzeria  
10583 Main St, Honor  
231-325-7070

\$ Papa J's Pizzeria  
18557 Maple St, Lake Ann  
231-275-7008

\$\$ Platte River Inn  
10921 Main St, Honor  
231-227-1200

\$ Port City Smokehouse  
1000 Main St, Frankfort  
231-352-9192

Red Door Coffee Shop  
19631 Maple St, Lake Ann  
231-640-0005

\$ Roadhouse Mexican Bar/Grill  
1058 Benzie Hwy, Benzonia  
231-882-9631

\$\$\$ Rock's Landing  
1577 Crystal Dr, Frankfort  
231-399-0158

\$ Sleeping Bear Farms  
and St. Ambrose  
971 S Pioneer Rd, Beulah  
888-912-0017

\$ Sweets Bar and Grille  
10919 Main St, Honor  
231-227-1148

\$\$ The 231 Bar & Grill  
17170 Vondra Rd, Thompsonville  
231-378-0231

The Bread Lady  
19773 Linwood Ave, Lake Ann  
262-770-0251

\$ The Stone Oven  
6551 First St, Lake Ann  
231-275-8520

\$\$\$ Thistle Pub & Grille  
33914 Crystal Mountain Blvd  
Thompsonville  
888-968-7686 ext. 6040



Ursa Major Bistro  
245 S Benzie Blvd, Beulah  
231-383-4250

\$\$ Villa Marine Food & Spirits  
228 Main St, Frankfort  
231-352-5450

## \$\$\$ VITA BELLA ITALIAN KITCHEN & MARKET

320 Main St, Frankfort  
231-399-0035  
*Almost everything is made from scratch! Open for lunch and dinner serving authentic Neapolitan recipes inside and on the deck overlooking the marina and river.*  
[vitabellakitchen.com](http://vitabellakitchen.com)

## TEA & COFFEE

Keep on Grinding Coffee House  
1024 Michigan Ave, Benzonia  
313-390-1578



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